

UNIVERSITY OF SWAZILAND
INSTITUTE OF DISTANCE EDUCATION
SEMESTER ONE EXAMINATION PAPER, DECEMBER 2015

**TITLE OF PAPER: PERSONAL AND PROFESSIONAL
 DEVELOPMENT**

COURSE CODE: CPS102

TIME ALLOWED: THREE (3) HOURS

TOTAL MARKS: 100

INSTRUCTIONS:

- 1. THIS PAPER CONSISTS OF FIVE (5) QUESTIONS.**
- 2. ANSWER FOUR (4) QUESTIONS**
- 3. QUESTION 1 IS COMPULSORY**
- 4. EACH QUESTION IS WORTH 25 MARKS.**
- 5. START EACH QUESTION ON A FRESH PAGE IN THE
 BOOKLET PROVIDED.**

**THIS PAPER IS NOT TO BE OPENED UNTIL PERMISSION HAS BEEN
GRANTED BY THE INVIGILATOR**

QUESTION 1

Compulsory Question

Read the following case study and answer questions that follow:

Lennox is an Afro-Caribbean boy who was referred to Place2Be by his class teacher and other professionals who were concerned about his behavior and conduct in the school. Lennox was a nine year old child when he was first referred to Place2Be. As his counselor was still concerned about his conduct, Lennox was referred again when aged ten and was offered a year of one-to-one therapy. The issues of concern in the initial teacher referral for one-to-one therapy ranged from lack of focus in his academic work, his untidy appearance, his attention seeking from adults in the school, and the fact that he was constantly late for lessons.

His mother is separated from Lennox's natural father, and is in a second partnership with the father of four of her children. There is Social Services involvement, due to domestic violence and abuse within the partnership; all of the children, including Lennox, have been subject to a child protection plan. There has been considerable concern, due to the presence of alcohol and substance misuse by both the mother and stepfather. Also, as a result of debt and non-payment of rent, the families had been evicted from their social housing and were all in temporary accommodation, which was overcrowded. Lennox was sent to live with his grandmother, but the presence of a cousin with Tuberculosis living in that household led to conflict, and the grandmother was also using drugs and alcohol, as well as being a drug dealer in the local community. His father was in regular contact while within his second marriage and described the mother of

Lennox as loving Lennox but incapable of parenting him. (**Adapted from Adems-Langley, 2014**)

- a) As a development facilitator, explain in five points what you would do to help Lennox cope with stress? (10 marks)
- b) Discuss five points that justify why Lennox is a child at risk? (15 marks)

QUESTION 2

- a) In your own words define the following circumstances that make children at risk
 - i) AIDS (3 marks)
 - ii) Orphaned (2 marks)
- b) In your experience as a development facilitator, how does AIDS and being orphaned have an impact on children's lives? (20marks)

QUESTION 3

Lennox's teacher in the case study in question 1 believes that Lennox has a problem. How would you solve Lennox's problem using the 7 Step Problem Solving Model? (25 marks)

QUESTION 4

- a) What do you understand by the term "value"? (5 marks)
- b) Discuss **four (4)** of the values that have sustained you in working with children and youth. (20 marks)

QUESTION 5

Discuss the following principles that may help development facilitators to design programmes to strengthen the wellbeing of children they work with. Give examples from programmes you have been involved in.

- a) Family support (7 marks)
- b) Participation (6 marks)
- c) Emotional support (6 marks)
- d) Control (6 marks)