

UNIVERSITY OF ESWATINI
FACULTY OF HEALTH SCIENCES
DEPARTMENT OF COMMUNITY HEALTH NURSING SCIENCE
MAIN EXAMINATION
NOVEMBER 2021

COURSE TITLE: MENTAL HEALTH PROBLEM AND SOCIETY II

COURSE CODE: NUR553

TIME ALLOWED: 2 HOURS

TOTAL MARKS ALLOCATED: 75

INSTRUCTIONS:

- 1. PLEASE WRITE CLEARLY AND LEGIBLY**
- 2. PLEASE ANSWER ALL QUESTIONS**
- 3. USE THE PROVIDED ANSWER BOOKLET FOR ALL YOUR ANSWER**
- 4. START A NEW QUESTION ON A NEW PAGE**
- 5. MAKE SURE THAT ALL YOUR ANSWERS ARE NUMBERED CORRECTLY**

**DO NOT OPEN THE QUESTION PAPER UNTIL PERMISSION HAS BEEN
GRANTED BY THE CHIEF INVIGILATOR OR HIS/HER
REPRESENTATIVE**

QUESTION ONE

Multiple Choice. For each of the following questions, each question has only one correct option as an answer. Choose the most correct answer. Write clearly the question number and the letter that corresponds with the most appropriate or correct answer, e.g 10. B. Each correctly answered question has one (1) mark.

1. In order to avoid re-infection, People living with HIV should:
 - A. Use condoms consistently.
 - B. If having TB follow the prescribed regimen
 - C. Only treat visible sexually transmitted infections.
 - D. Adhere to ART management.
2. After diagnosis of HIV, Loss of a loved one, or other critical times individuals go through process of grief. Which of the following is the correct sequential stage from beginning to end of grief?
 - A. Anger, denial, bargaining, depression, & acceptance
 - B. Anger, denial, depression, bargaining, & acceptance
 - C. Denial, anger, bargaining, depression, & acceptance
 - D. Denial, anger, depression, bargaining & acceptance
3. The following are the strategies to deal with stigma **except**:
 - A. Talk to people you feels comfortable with.
 - B. Acquaint yourself with people who will stigmatize you.
 - C. Try to explain the facts.
 - D. Join a support group
4. The most infectious period in an individual with HIV is:-
 - A. Primary infection period
 - B. Chronic period
 - C. Sero-conversion period
 - D. B and C
5. The reason for using triple therapy include the following **except:-**
 - A. To promote adherence
 - B. To increase CD4 cells.
 - C. To decrease production of new HIV copies.
 - D. To prevent resistance
6. The primary goal of ART is to:-
 - A. Supress the viral load and CD4 cells
 - B. Supress the viral load and increase CD4 cells
 - C. Supress viral load and increase red blood cells.
 - D. None of the above are correct.

7. According to the current **ART** guidelines in Swaziland the decision to start antiretroviral therapy(ART) is based on:-
- A. Testing HIV positive.
 - B. Viral loads.
 - C. CD4 cell count.
 - D. All of the above are correct.
8. All of the following are TRUE about disasters **except**
- A. A disaster may be domestic or international
 - B. A disaster may be caused by nature or have human origins
 - C. A disaster always receives widespread media coverage.
 - D. A disaster may have a known and gradual onset.
9. Phase of the disaster management that involves predicting a possible crisis is:-
- A. Recovery phase
 - B. Mitigation phase
 - C. Preparedness phase
 - D. Response phase.
10. The highest mode of HIV transmission in the kingdom of Eswatini is through:-
- A. Heterosexuality
 - B. blood transfusion
 - C. mother to child transmission
 - D. All of the above are correct.
11. Teenagers become pregnant because:
- A. They participate in sexual activity more frequently & at earlier ages than teenagers in the past.
 - B. They don't use contraception.
 - C. Adolescent pregnancy is not as socially stigmatized as it was in the past.
 - D. All of the above are correct.
12. Teenagers may be more sexually active than in the past because:
- A. Puberty occurs at an earlier age.
 - B. Cognitive and emotional development lags behind physical development, making teens less aware of the risks of sexual activity.
 - C. Peer groups may pressure adolescents to participate in sexual activity in order to gain acceptance and approval.
 - D. All of the above are correct.
13. Which of the following is a consequence of parenthood for teen mothers?
- A. The likelihood of not completing her education.

- B. The likelihood that she will place her child for adoption.
- C. The likelihood that she will have low-paying jobs as an adult.
- D. All of the above are correct.

14. Which of the following applies to parent-child relations of teen mothers?

- A. They can usually expect to become a single parent.
- B. They can usually expect to have large families.
- C. A and B
- D. None of the above is correct.

15. the most common victims of family violence are:

- A. Women
- B. Men
- C. Children
- D. A and C.

16. Early and repeated exposure of children to parental conflict may result in:

- A. Chronic emotional and behavioural problems
- B. Familiarity with and acceptance of violence
- C. Withdrawn and isolated child
- D. All of the above of the above are correct.

17. Acts of omission or commission that cause harm or potential harm to a child are all forms of _____.

- A. Child abuse
- B. Child neglect
- C. Child maltreatment
- D. Child custody disputes

18. Deliberate, intentional acts that cause harm or the threat of harm to a child are _____.

- A. Child neglect
- B. Child abuse
- C. Child abandonment
- D. Child discipline.

19. The number of people unemployed equals

- A. The number of people employed minus the labour force.
- B. The labour force plus the number of people employed.
- C. The labour force minus the number of people employed.
- D. The number of people employed divided by the labour force.

20. Unemployment that occurs during recessions and depressions is

- A. The natural rate of unemployment.
- B. Cyclical unemployment.
- C. Frictional unemployment.
- D. Structural unemployment.

21. If you hear a person saying "I lost my job because I was replaced by a machine," you should conclude that this person is _____ unemployed.

- A. Cyclically
- B. Structurally
- C. Frictionally
- D. Seasonally.

22. Post exposure prophylaxis (PEP) should be started within an hour of exposure, but can still be started within and not beyond _____ hours to decrease the risk of HIV transmission?

- A. 36 hours
- B. 48 hours
- C. 72 hours
- D. 90 hours

23. Select the correct answers to this statement: A refugee is someone who has left their country of nationality because of:-

- A. They are at risk of persecution for reasons of their race, religion and/or nationality
- B. They are not happy with their wages, they can't buy a new mobile phone or have holidays
- C. They have a well-founded fear for not returning to their country
- D. Both A and C.

24. Which of the following are consequences of teen pregnancy?

- A. A child being born with low birth weight.
- B. Experiencing interference with normal growth patterns for the young mother.
- C. Negative mental health for the young mother.
- D. All of the above are correct.

25. Family violence and sexual assault are linked with increased rates of:

- A. Depression
- B. suicidality
- C. Post-Traumatic Stress Disorder (PTSD)
- D. All of the above

[Sub-total: 25 marks]

QUESTION 2 (A)

State whether the statement below are true or false. Write the alphabet representing your answer against the question, e.g 7=T. Each correct answer has 1 mark.

1. HIV Can only live & multiply inside a human
2. There is no need for counselling when testing children for HIV.
3. Gender inequalities increase the risk of violence by men against women and inhibit the ability of those affected to seek protection.
4. Victims of gender-based violence provoke the abuse through their inappropriate behavior.
5. Condom acts as barrier for mother to child HIV transmission if the mother is HIV positive.
6. Women who live with disabilities are at greater risk of violence and assault than other Women
7. Absolute poverty refers to a set standard which is consistent over time and between countries.
8. Women are not violent.
9. Childhood experiences of violence can be a risk factor to perpetrate and/or experience violence as an adult.
10. Sometimes it is women's own fault if they are raped.

QUESTION TWO (B)

1. Child abuse is words or overt actions that cause harm, potential harm, or threat of harm to a child. Discuss the three predisposing factors to child abuse **(15 marks)**.
 - a. Parental Characteristic **(5 Marks)**
 - b. Child Characteristic **(5 marks)**
 - c. Environmental Characteristics **(5 marks)**

[Sub-total: 25 marks]

QUESTION 3

1. A disaster can be defined as any occurrence that cause damage, ecological disruption, loss of human life, deterioration of health and health services on a scale, sufficient to warrant an extraordinary response from outside the affected community or area.
Discuss the four phases of disaster management & give examples for each phase (16 marks).
2. Unemployment refers to a situation in which the workers who are capable of working and willing to work do not get employment. Answer the following questions related to unemployment.
 - a. What are the possible causes of unemployment **(6 marks)**
 - b. What are possible effects of unemployment? **(3 marks)**

[Sub-total: 25 marks]

[GRAND TOTAL: 75 MARKS]