

**UNIVERSITY OF ESWATINI**  
**FACULTY OF HEALTH SCIENCES**

**DEPARTMENT OF MIDWIFERY SCIENCE**

**MAIN EXAMINATION – MAY, 2021**

**TITLE OF PAPER :** MATERNAL AND CHILD NUTRITION  
**COURSE CODE :** MWF 631  
**MARKS :** 100  
**TIME ALLOWED :** THREE (3) HOURS

Number of pages including cover page: 3

**INSTRUCTIONS**

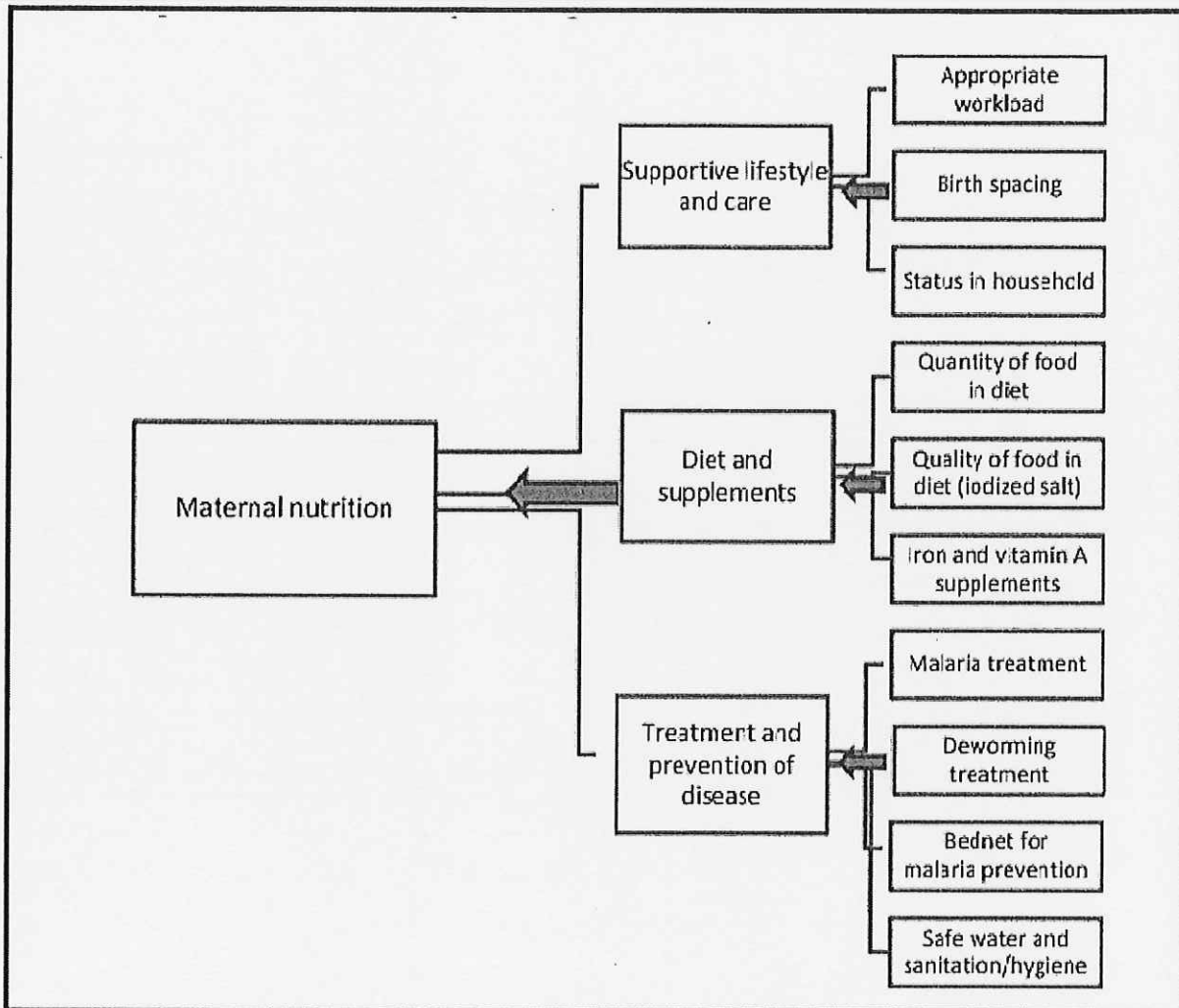
1. Read questions carefully
2. Answer all questions
3. Write legibly

**DO NOT OPEN THIS PAPER UNTIL YOU ARE TOLD TO DO SO**

### Question 1

A. Discuss the importance of maternal nutritional status before and during pregnancy (12)

B. Discuss the given framework in Figure 1 (13)



**Figure 1:** Framework for promoting maternal nutrition (extracted from Guidance for formative research on maternal nutrition)

### Question 2

Discuss capacity-building on maternal and child nutrition among stakeholders which entail; training institutions, policy advisors, health care service providers, civil society and researchers (25)

**Question 3**

Discuss any five elements that are likely to make breastfeeding promotion initiatives successful in Eswatini (25)

**Question 4**

Discuss challenges towards the improve breastfeeding have to address in Eswatini? (25)