

**UNIVERSITY OF ESWATINI**  
**FACULTY OF HEALTH SCIENCES**  
**DEPARTMENT OF MIDWIFERY SCIENCE**  
**RESIT EXAMINATION: JUNE 2021**

**TITLE OF PAPER: FOUNDATIONS OF MIDWIFERY**

**COURSE CODE: MWF401**

**DURATION: 2 HOURS**

**TOTAL MARKS: 75**

**INSTRUCTIONS**

- 1. ANSWER ALL QUESTIONS**
- 2. FIGURES IN BRACKETS INDICATES MARKS ALLOCATED FOR EACH OR PART OF QUESTION**
- 3. START EACH QUESTION ON A NEW PAPER**
- 4. THE QUESTIONS DO NOT CARRY EQUAL MARKS**
- 5. USE BULLETS FOR EACH POINT IN YOUR ANSWER WHERE POSSIBLE**

**DO NOT TURN THIS PAPER UNTIL YOU HAVE BEEN INSTRUCTED BY THE  
INVIGILATOR**

### QUESTION 1

Midwifery is as old as the history of human species. During the 1690s enlightenment ideas about science, midwifery and childbirth began to expand in Europe. It was during this period that midwifery underwent an evolution from a 'mystery' to a 'science'.

- 1.1 Between 1637-1709, Francios Mauriceau described the mechanism of labour. Which other scientists were key in the developments of Midwifery practice? (Mention 5, including their discoveries/inventions and the year) (10marks)
  - 1.2 Discuss the evolution of Midwifery in Eswatini before 19<sup>th</sup> century until present (10marks)
  - 1.3 Over the decades Midwifery care has met several challenges. Briefly explain how lack of resources act as a barrier to offering quality midwifery care in Swaziland (5 marks)
- [25marks]**

### QUESTION 2

2.1 The international confederation of midwives has set forth a code of professional conduct to guide education, practice and research of a midwife. What does the code say in relation to:

- 2.1.1 The practice of midwifery (3marks)
  - 2.1.2 The professional responsibilities of a midwife (4marks)
  - 2.1.3 Midwifery relationships (3marks)
- (10marks)

2.2 Globally, there are factors which influence women's health negatively. Discuss under mentioned factors with particular reference to Eswatini

- 2.2.1 Poor access to reproductive health services (4marks)
  - 2.2.2 Women living in polluted areas (4marks)
  - 2.2.3 Lack of access to sanitation and clean water (4marks)
  - 2.2.4. Education (4marks)
  - 2.2.5 Poverty (4marks)
- (20marks)  
**[30marks]**

### QUESTION 3

Counseling is a facilitative process in which the counselor working within the framework of a special helping relationship uses specific skills to assist clients to self-knowledge, emotional acceptance, essential growth and personal resources. Effective communication is essential in a counselling process.

- 3.1 Briefly describe the goals of the four (4) phases of counselling. (8marks)
  - 3.2 Discuss the following communication barriers and how you would overcome them to ensure effective communication.
  - 3.2.1 Physical barrier (4marks)
  - 3.2.2 Physiological barrier (4marks)
  - 3.2.3 Individual linguistic ability (4marks)
- (12marks)  
**[20marks]**

**TOTAL [75 MARKS]**