



UNIVERSITY OF ESWATINI
FACULTY OF HEALTH SCIENCES
GENERAL NURSING SCIENCE DEPARTMENT
RESIT EXAMINATION: 09 SEPTEMBER 2021

TITLE OF PAPER:	INTRODUCTION TO PSYCHOLOGY
COURSE CODE:	GNS111
DURATION:	2 HOURS
TOTAL MARKS:	75

INSTRUCTIONS:

- READ THE QUESTIONS AND INSTRUCTIONS CAREFULLY
- ANSWER ALL THE QUESTIONS
- THE PAPER CONSISTS OF 3 SECTIONS
- NO. OF PAGES: 7 INCLUDING THE COVER PAGE

DO NOT OPEN THE QUESTION PAPER UNTIL INSTRUCTED BY THE
INVIGILATOR

SECTION 1

ANSWER THE QUESTIONS BY SELECTING THE MOST APPROPRIATE RESPONSEeg. (1.E)

1. The American psychologist who established the psychological school of behaviourism:
 - A. Wilhelm Wundt
 - B. William James
 - C. James Watson
 - D. BF Skinner

2. It refers to the capacity to be aware of, control, and express one's emotions, and to handle interpersonal relationships judiciously and empathetically:
 - A. Emotional Intelligence
 - B. Social Regulation
 - C. Self-awareness
 - D. Discernment

3. Refers to the scientific study of behavior and mental processes
 - A. Behaviourism
 - B. Biological Psychology
 - C. Cognitive Psychology
 - D. Psychology

4. The school of psychology that used introspection to explore the elemental structure of the human mind.
 - A. Functionalism
 - B. Behaviourism
 - C. Gestalt psychology
 - D. Structuralism

5. Working memory that has a capacity to store and... :
- A. encode information
 - B. retrieve information
 - C. transform information
 - D. transmit information
6. Your ability to remember the first day of class at the university is a function of your:
- A. Procedural memory
 - B. Episodic memory
 - C. Semantic memory
 - D. Working memory
7. Monde is so reserved and shy, finds it hard to make friends and he prefers to be alone. During class, he feels very uncomfortable when the teacher asks him to respond to questions. McCrae and Costa would have classified Monde as _____?
- A. Highly introverted
 - B. More reserved
 - C. Antisocial
 - D. All of the above
8. Mrs. Dladla bought her daughter Melizwi a chocolate bar after she wrongfully accused her of breaking her favourite china. This reaction by Mrs. Dladla can be defined as:
- A. Suppression
 - B. Undoing
 - C. Reaction formation
 - D. Reinforcement
9. This brain structure serves to regulate physiological processes to maintain homeostasis:
- A. Hypothalamus
 - B. Hippocampus
 - C. Amygdala
 - D. Pons

10. When all our basic needs are met and we authentically realize our true version of self.

Maslow refer to this stage as:

- A. Authenticity
- B. Self-awareness
- C. Self-actualization
- D. Self-esteem

11. Without thinking, Mrs. Shongwe attacked the Mongie whom she saw bullying her daughter. Mrs. Shongwe's behaviour can be explained by:

- A. Drive-reduction theory
- B. Aggression motivation
- C. Arousal theory
- D. Instinct theory

12. A learned motive is one that is acquired through:

- A. Reinforcement
- B. Conditioning
- C. Learning
- D. All of the above

13. Social learning theorists suggests that gender identity is acquired on the basis of

- A. Underlying cognitive mechanism
- B. Operant conditioning and gender schema
- C. Societal pressures and classical conditioning
- D. Operant conditioning and observational learning

14. Nomalungelo just received her exam results which unfortunately stipulated that she has to repeat two courses. She found her roommates celebrating because none of them had failed, but when she told them of her results the mood in the room changed from celebratory to gloom. This change of mood among the roommate represent:

- A. Transference
- B. Empathy
- C. Sympathy
- D. Emotional contagion

15. Sr. Maggie took a long bath after a long and hectic shift to soothe her aching muscles.

This is an example of:

- A. Positive Reinforcement
- B. Negative Punishment
- C. Positive Reinforcement
- D. Negative Reinforcement

16. Gugu is HIV positive and hates taking ART. She stopped last month and six months afterwards developed pneumonia which almost killed her. Now she adheres to ART because she doesn't want to experience any similar incident. This is an example of:

- A. Positive Reinforcement
- B. Negative Punishment
- C. Positive Reinforcement
- D. Negative Reinforcement

TRUE/ FALSE: determine if the following statements are True or false.

#	Statement
17	Experimental Psychology deals with the functioning of the mind including how we think, solve problem and motivate ourselves
18	Social Psychology deals with how we relate to each other, studying group behavior
19	Biopsychosocial Studies how the body influences the mind, feeling and behaviour
20	According to Freud, the id is the force or the driving energy that motivates behaviour
21	Kohlberg stated that all individuals reach the universality stage of morality when they get to adulthood.
22	Openness to experience is a character trait that can be used to describe personality.
23	Kohlberg held that we can influence children's moral development by encouraging them to think about the needs of others
24	Socialization and culture have a direct influence on the development of our personality
25	When the id impulses are under or over gratified during the psychosexual stages of development, the person develops mental illness

SECTION 2

[30 marks]

2.1 Draw and Fill in this table about the psychoanalytic theory (15 marks)

	Personality structure (3 marks)	Level of consciousness (3 marks)	Description, Function (6 marks)	Principle (3 marks)
1				
2				
3				

2.2 As a freshman in the university and a novice nurse for you to attain this degree you need motivation. Describe the components of motivation and explain how each component is necessary for you to achieve this degree and become a competent nurse. (12 marks)

2.3 Compare and Contrast the fluid and crystallized intelligence (3 marks)

SECTION 3

[20 MARKS]

3.1 As a nurse, you come across a number of orphans in primary care. With your understanding of Eriksons' theory of development, making reference to the psychosocial stages of development (till 18 years), discuss how you can assist guardians to practically apply this theory when caring for the orphaned children. (20 marks)

- 1 point for developmental stage
- 1 point for conflict/ (task & challenge)
- 1 point for skills to develop
- 1 point for how to support

GOODLUCK !!!
