

UNIVERSITY OF SWAZILAND
FACULTY OF HEALTH SCIENCES
DEPARTMENT OF COMMUNITY HEALTH NURSING SCIENCE
FINAL EXAMINATION
MAY 2018

COURSE CODE: CHN102

COURSE TITLE: FAMILY AS A UNIT OF CARE

TIME ALLOWED: 2 Hrs

MARKS ALLOCATED: 75

INSTRUCTIONS:

1. This paper has a total number of three (3) questions.
2. Read through the three questions with a clear understanding
3. Answer all the three (3) questions accurately and relevantly
4. Write legibly and scholarly

**DO NOT OPEN THIS QUESTION PAPER UNTIL YOU ARE TOLD TO DO SO BY THE
INVIGILATOR**

QUESTION 1

1. As a community health nurse who will be working with families as units of care, it is important that you know what a family is so as to be able to provide essential and effective health care services without being stereotypical. State the aspects that are emphasized in:
 - a) Whall's definition of the concept "family"
 - b) The legal definition
 - c) The social definition
 - d) The psychological definition
 - e) The early nursing scholars (5)
2. Some scholars view the family as a social system. Using two points describe why the family is viewed as a social system. (5)
3. One of the two basic purposes of the family is to meet societal needs. Describe three ways by which the family fulfils this purpose. (6)
4. One of the components of family structure is its functions. List any four (4) family functions that you know. (4)
5. The size of the family may negatively influence family health. Describe two things by which the large family size may negatively influence the health of the family. (5)

TOTAL = 25 MARKS

QUESTION 2

1. Socialization is a life-long process requisite for societal survival.
 - a) Mention two [2] aims of socialization (2)
 - b) State three things that may render socialization impossible in grand-parents headed families. (3)
2. Therapeutic communication is very important if community health workers want to get the total attention and response of their clients. Some health professionals communicate with their clients while others communicate to their clients. Differentiate between communicating **with** and communicating **to** somebody. (5)
3. The concept of family health is clearly defined by many. Define **family health** utilizing:
 - a) Orem's Self-Care Theory
 - b) WHO's definition
 - c) Family Mental Health
 - d) The Systems Theory
 - e) Family Stress Theory (10)
4. List five [5] characteristics of a healthy family. (5)

TOTAL = 25 MARKS

QUESTION 3

1. In community health nursing, the community health nurse must be aware that there is no typical family form that prevails today. One of the family forms that prevail today is the step-parent family form.
- a) State what a step-parent family is. (1)
 - b) Describe two factors that may lead to the occurrence of step-parent families. (4)
 - c) Describe five [5] identified sources of stress in step-parent families (10)
 - d) Another family form that has become very common in communities today is the cohabiting family. Mention five [5] reasons for cohabiting. (5)
 - e) Knowing that there are various family forms prevailing today has some implications to community health nursing practice. State five [5] of these implications. (5)

TOTAL = 25 MARKS