UNIVERSITY OF SWAZILAND
FACULTY OF HEALTH SCIENCES
BACHELOR OF NURSING SCIENCE YEAR 4

FINAL EXAMINATION PAPER 2017

TITLE OF PAPER : INTRODUCTION TO PSYCHOTHERAPY

COURSE CODE : CMH 402
TIME ALLOCATION : 2 HOURS

MARKS ALLOCATION : 75

INSTRUCTIONS : THIS PAPER CONSISTS OF THREE QUESTIONS. ANSWER ALL QUESTION.

DO NOT OPEN THIS PAPER UNTIL TOLD TO DO SO.
QUESTION 1
Assimilation and accommodation, play very important roles in influencing cognitive, psychosocial and emotional development. Discuss how assimilation influences cognition, psychosocial and emotional parts of the individual during psychotherapy.

A) Cognition (10 marks)
B) Psychosocial (10 marks)
C) Emotional (5 marks)

QUESTION 2
Certain factors can cause impairment of growth and development among young individuals. Discuss how negative accommodation, Poor interaction and spiritual powers can cause poor mental health promotion in children.

a) Negative accommodation (10 marks)
b) Poor interaction (10 marks)
c) Spiritual development. (5 marks)

QUESTION 3
Positive promotion of mental health of individuals can be severely affected by certain factors during pregnancy and post delivery. Discuss how violence during pregnancy, poor nutrition during pregnancy and lack of good caring during infancy can affect the positive promotion of mental health among individuals?

25 marks]