UNIVERSITY OF SWAZILAND
FACULTY OF HEALTH SCIENCES
BACHELOR OF NURSING SCIENCE YEAR 5

FINAL EXAMINATION PAPER 2015

TITLE OF PAPER: TREATMENT AND MANAGEMENT MODALITIES FOR MENTAL HEALTH PROBLEMS

COURSE CODE : NUR 554

MARKS ALLOCATION: 75

TIME ALOCATION : 2 HOURS

INSTRUCTIONS : THIS PAPER CONSISTS OF THREE QUESTIONS. ANSWER ALL QUESTIONS.

DO NOT OPEN THIS PAPER UNLESS TOLD TO DO SO.
QUESTION 1

Cognition, Behaviour and Affection are important key elements of psychotherapy. These components can be used during psychotherapy process. Discuss how cognition, behaviour and affective become essential in psychotherapy.

a) Cognition (10 marks).

b) Behaviour (10 marks).

c) Affection (5 marks).

QUESTION 2

Inferiority feelings as a life style may lead to self-defeating behaviours in individuals. Using the concept of the five parts of an individual discuss the evidence of inferiority complex that may act as stumbling blocks in a psychotherapeutic process. Please note that there is five (5 marks) for each part.

QUESTION 3

Due to frequent attachment psychotherapeutic interventions, sometimes clients may develop some vast experience in psychotherapy from a number of psychotherapists. In this case the client may end up experiencing the who, how and whom factor. In your understanding and relying on your knowledge in psychotherapy, discuss the importance of the who, how and whom Factor in psychotherapy.

a) Who factor (10 marks).

b) How factor (10 marks).

c) Whom factor (5 marks).