FACULTY OF HEALTH SCIENCES

GENERAL NURSING

FINAL EXAMINATION, DECEMBER 2015

COURSE TITLE : THEORETICAL BASIS OF NURSING I
COURSE CODE : NUR 507
TIME : 2 HOURS
TOTAL MARKS : 75

Number of pages including cover page : 6

INSTRUCTIONS:

1. ANSWER ALL YOUR QUESTIONS ON THE PROVIDED ANSWER BOOKLET.

2. QUESTION 1 IS MULTIPLE CHOICE AND HAS 25 QUESTIONS.

3. QUESTIONS 2 AND 3 ARE SHORT AND LONG ESSAY TYPE QUESTIONS AND CARRY 25 MARKS EACH.

4. EACH CORRECT POINT/FACET/STATEMENT IS WORTH ½ MARK UNLESS INDICATED OTHERWISE ON THE QUESTION.

5. START EACH QUESTION ON A NEW PAGE

DO NOT OPEN THE QUESTION PAPER UNTIL THE INVIGILATOR HAS GRANTED PERMISSION !!!
1. According to which theorist is a human being viewed as a holistic adaptive system?
   a. Martha Rogers  
   b. Dorothea Orem  
   c. Callista Roy  
   d. Florence Nightingale

2. Florence Nightingale was born in
   a. Italy  
   b. France  
   c. Britain  
   d. Germany

3. The four major concepts in nursing theory are the:
   a. Person, Environment, Nurse, Health  
   b. Nurse, Person, Environment, Cure  
   c. Promotive, Preventive, Curative, Rehabilitative  
   d. Person, Environment, Nursing, Health

4. Who, among these theorists stated that health is wellness?
   a. King  
   b. Orem  
   c. Rogers  
   d. Nightingale

5. Which of these forms the unique characteristic of nursing as a profession?
   a. Education  
   b. Theory  
   c. Caring  
   d. Autonomy

6. Self-care deficit theory was proposed by:
   a. Virginia Henderson  
   b. Betty Neuman  
   c. Imogene King  
   d. Dorothea Orem

7. Who defined the first theory of nursing?
   a. Orem  
   b. Rogers  
   c. King  
   d. Nightingale

8. Who postulated the holistic concept that the totality is greater than the sum of its parts?
   a. Rogers  
   b. Roy  
   c. Henderson  
   d. Hall
9. Who of these theorized that man is composed of sub and suprasystems where the subsystems are cells, tissues and organs. Suprasystems are family society and community?
   a. Peplau
   b. Rogers
   c. Henderson
   d. Roy

10. In which country did Nightingale train in nursing?
   a. US
   b. Germany
   c. France
   d. Egypt

11. In a theory, a statement of a relationship between concepts is called?
   a. Linkage
   b. Hypothesis
   c. Proposition
   d. Construct

12. Typology of twenty one Nursing problems were explained by:
   a. Imogene King
   b. Virginia Henderson
   c. Faye G. Abedellah
   d. Lydia E. Hall

13. Nursing as a therapeutic interpersonal process was stated by:
   a. Hildegard Peplau
   b. Jean Watson
   c. Lydia Hall
   d. Martha Rogers

14. In which theory, model or conceptual framework is this assumption stated? “Each human being perceives the world as a total person in making transactions with individuals and things in the environment”?
   a. Orem’s self-care model
   b. Imogene King’s conceptual framework
   c. Nightingale’s theory
   d. Hall’s care, core and cure model

15. Which of these refers to a theory of knowledge which emphasizes the role of experience based on perceptual observation by the senses?
   a. Empiricism
   b. Rationalism
   c. Constructivism
   d. Logicalism

16. Which of the following is NOT a concept related to Roy’s Adaptation Model?
   a. Focal Stimuli
   b. Cognator Subsystem
   c. Role function
   d. Flexible line of defense
17. Which of these terms are defined in Roger's theory as "continuous and mutual interaction between man and environment"?
   a. Pattern
   b. Integrity
   c. Resonance
   d. Helicy

18. What is the personal state in which a person feels unhealthy?
   a. Illness
   b. Disease
   c. Health
   d. Wellness

19. Which of the following is NOT an attribute of a professional?
   a. Concerned with quantity
   b. Self directed
   c. Committed to spirit of inquiry
   d. Independent

20. For her, Nursing is a theoretical system of knowledge that prescribes a process of analysis and action related to care of the ill person
   a. King
   b. Henderson
   c. Roy
   d. Leininger

21. A paradigm refers to
   a. A model that explains the linkages of science, philosophy, and theory accepted and applied by the discipline
   b. Ideas and mental images that help to describe phenomena
   c. Statements that describe concepts
   d. Aspect of reality that can be consciously sensed or experienced.

22. What best describes the nurses' first action as care providers?
   a. Determine client's need
   b. Give prescribed medication
   c. Help client recognize and cope with stressful psychological situation
   d. Work in combined effort with all those involved in client care
23. Who introduced the NATURE OF NURSING MODEL?
   a. Henderson
   b. Nightingale
   c. Hall
   d. Orlando

24. Which of the following is NOT a concept related to Nightingale theory?
   a. "Poor or difficult environments led to poor health and disease".
   b. "Environment could be altered to improve conditions so that the natural laws would allow healing to occur".
   c. The goal of nursing is "to put the patient in the best condition for nature to act upon him".
   d. "Human beings are open systems in constant interaction with the environment".

25. According to Rogers, the focus of nursing is:
   a. Persons with elevated stress levels requiring intervention
   b. Clients with self-care deficits
   c. Unitary human beings and their environment
   d. Health and a holistic view of human beings.

[25 Marks]
QUESTION 2

2.1 State any five questions usually asked when critiquing nursing theory. (5)

2.2 Describe the concept of 'nursing' according to Henderson's theory. (6)

2.3 Discuss each of Henderson's 14 components of basic nursing care (14)

[25 Marks]

QUESTION 3

3.1 Explain the three circles explained in Lydia Hall's theory. (10)

3.2 Describe the metaparadigm concepts presented in Martha Rogers' theory of Unitary Human Beings. (15)

[25 Marks]