# UNIVERSITY OF SWAZILAND FACULTY OF HEALTH SCIENCES GENERAL NURSING DEPARTMENT FINAL EXAMINATION SECOND SEMESTER MAY 2016

# COURSE CODE: CHN 214 COURSE TITLE: EPIDEMIOLOGY & COMMUNICABLE DISEASES

**TIME ALLOWED: 2 HOURS** 

**MARKS: 75** 

# **INSTRUCTIONS:**

- 1. There are 3 questions in this paper
- 2. Answer all three questions
- 3. Each question is allocated 25 marks
- 4. Write legibly
- 5. NOTE This examination paper has 8 pages

THIS PAPER IS NOT TO BE OPENED UNTIL THE INVIGILATOR HAS GRANTED PERMISSION

# **QUESTION 1**

For the following multiple choice questions write the most appropriate response for your answer. In your answer sheet write the question number and the letter representing the answer e.g. 26. B

- 1. All of the following are types of carriers EXCEPT:
  - A. Healthy or asymptomatic carriers
  - B. Incubatory carriers
  - C. Convalescent carriers
  - D. High Risk Cases carriers (1)
- 2. The hallmark feature of an analytic epidemiologic study is: (Choose one best answer)
  - A. Use of an appropriate comparison group
  - B. Laboratory confirmation of the diagnosis
  - C. Publication in a peer-reviewed journal
  - D. Statistical analysis using logistic regression (1)
- 3. Which of the following factors in disease transmission is NOT related to host characteristics?
  - A. Genetic profile
  - **B.** Customs
  - C. Alcohol
  - D. Marital status (1)
- 4. A reservoir of an infectious agent can be:
  - A. An asymptomatic human
  - B. An animal
  - C. The environment
  - D. All of the above (1)

| 5. | Indire  | ct transmission includes all of the following EXCEPT?                        |     |
|----|---------|--|-----|
|    | A.      | Droplet spread   |     |
|    | B.      | Mosquito-borne   |     |
|    | C.      | Foodborne  |     |
|    | D.      | Doorknobs or toilet seats  | (1) |
| 6. | At wh   | at stage does the rotavirus diarrhoea peak in infants?                       |     |
|    | A.      | 5-20 months  |     |
|    | B.      | 6-12 months  |     |
|    | C.      | 6-24 months  |     |
|    | D.      | 12-24 months   | (1) |
| 7. | Satisfa | actory refuse and sewage disposal, good housing facilities, pure water and f | ood |
|    | suppli  | es and pasteurization of milk fall under primary prevention for which        |     |
|    | comm    | unicable disease?  |     |
|    | A.      | Poliomyelitis  |     |
|    | B.      | Pertussis  |     |
|    | C.      | Cholera  |     |
|    | Đ.      | Measles  | (1) |
| 8. | A chil  | d who develops convulsions after the first dose of DPT should be changed to  | 0   |
|    | which   | vaccine?   |     |
|    | A.      | PCV vaccine  |     |
|    | B.      | HBV vaccine  |     |
|    | C.      | Measles vaccine  |     |
|    | D.      | DT vaccine   | (1) |
| 9. | Tapev   | worm infestation in children best responds to which type of drug?            |     |
|    | A.      | Mayogel  |     |
|    | В.      | Diazepam   |     |
|    | C.      | Biltricide   |     |
|    | D.      | Albendazole  | (1) |
|    |         |  |     |
|    |         | 3  |     |

| 10. Which  | of the following is true about candida albicans?                             |          |  |
|------------|--|----------|--|
| Α.         | A. It appears as white spots on the inside of the mouth and buttocks         |          |  |
| B.         | It is a fungal infection   |          |  |
| C.         | It may affect both the mouth and nappy area                                  |          |  |
| D.         | All of the above   | (1)      |  |
| 11. The fo | llowing sexually transmitted infections will show as a genital discharge E   | EXCEPT:  |  |
| A.         | Trichomonas Vaginalis  |          |  |
| В.         | Chanchroid   |          |  |
| C.         | Gonorrhea  |          |  |
| D.         | Candida Albicans   | (1)      |  |
| 12. In the | e investigation of an epidemic, you compare the present frequency of the     | disease  |  |
| wi         | th the usual frequency at this time of the year in this community. This is o | done     |  |
| du         | ring which stage of the investigation?                                       |          |  |
| A.         | Establishing the epidemic  |          |  |
| B.         | Testing the hypothesis   |          |  |
| C.         | Formulation of the hypothesis  |          |  |
| D.         | Appraisal of facts   | (1)      |  |
| 13. To     | describe the sex composition of the population, which demographic too        | l may be |  |
| us         | ed?  |          |  |
| Α          | . Sex ratio  |          |  |
| В          | Sex proportion   |          |  |
| C          | Population pyramid   |          |  |
| D          | . Any of these could be used   | (1)      |  |
|            |  |          |  |
|            |  |          |  |
|            |  |          |  |
|            | 4  |          |  |
|            |  |          |  |
|            |  |          |  |

| 14. Which immunization produces a permanent scar?                                |  |    |  |  |
|--|--|----|--|--|
| A.   | DPT  |    |  |  |
| B.   | BCG  |    |  |  |
| C.   | Measles vaccination  |    |  |  |
| D.   | Hepatitis B vaccination (1)  | }  |  |  |
| 15. Wh   | nich of the following are types of rates are morbidity rates?                          |    |  |  |
| A.   | Infant mortality and maternal mortality rates  |    |  |  |
| В.   | Sex ratio and attack ratio   |    |  |  |
| C.   | Incidence and prevalence rates   |    |  |  |
| D.   | Fertility rates and disease specific rates (1  | .) |  |  |
|  | nat is the best course of action when there is a measles epidemic in a nearby nmunity? |    |  |  |
|  | Instruct mothers to feed their babies adequately to enhance their babies               |    |  |  |
|  | resistance   |    |  |  |
| В.   | Give measles vaccine to babies aged 6 weeks to 3 months                                |    |  |  |
| C.   | C. Give babies aged 6 months to 11 months one dose of 100,000 IU of Retinol            |    |  |  |
| D. Instruct mothers to keep their babies at home to prevent disease transmission |  |    |  |  |
|  | (  | 1) |  |  |
| 17. Which clients are considered targets for DOTS category?                      |  |    |  |  |
| A.   | Sputum negative cavitary cases   |    |  |  |
| B.   | Clients returning after default  |    |  |  |
| C.   | Relapses and failures of previous PTB treatment regimens                               |    |  |  |
| D.   | Clients diagnosed for the first time through a positive sputum exam (1                 | )  |  |  |
|  |  |    |  |  |
|  |  |    |  |  |
|  |  |    |  |  |

- 18. To improve compliance to treatment, what innovation is being implemented in DOTS strategy?
- A. Having the health worker follow up the client at home
- B. Having the health worker or a responsible family member monitor drug intake
- C. Having the patient come to the health center every month to get his medications
- D. Having a target list to check on whether the patient has collected his monthly supply of drugs
- 19 To determine the possible sources of sexually transmitted infections, which is the BEST method that may be undertaken by the public health nurse?
- A. Contact tracing
- B. Community survey
- C. Mass screening tests
- D. Interview suspects

(1)

- 20. For prevention of Hepatitis A, you decided to conduct health education activities Which of the following is Irrelevant?
- A. Use of sterile syringes and needles
- B. Safe food preparation and food handling by vendors
- C. Proper disposal of human excreta and personal hygiene
- D. Immediate reporting of water pipe leaks and illegal water connections (1)

# Question 21-25 the following questions only write the matching letter not the word e.g. 22. A

| Communicable disease | Causative agent           |
|----------------------|---------------------------|
| 21. Conjunctivitis   | A. Variola virus          |
| 22. Chancroid        | B. Morbilli virus         |
| 23. Measles          | C. Chlamydia trachomatis  |
| 24.Bilharzia         | D. Haemophilus Ducreyi    |
| 25.Smallpox          | E. Schistosoma hematobium |

# **OUESTION 2**

Write notes on the Rotavirus infection

a) Chain of infection (1mark/point=6)
b) Signs and symptoms (1mark/point=3)
c) Primary Prevention (1mark/point=10)

d) Outbreak management at home and at health facility level

(1mark/point=6)

# Total Marks = 25

### **OUESTION 3**

Write short notes on the following:

a) Four reasons why determining illness is difficult (1mark/point=4)
 b) Primary prevention of sexually transmitted infections (1mark/point=8)
 c) Risk factors for TB acquisition (1mark/point=5)
 d) Read the table below and respond to the following questions: (8 marks)

All responses to the following question are based on data in table below of the Nkilongo Inkhundla in 2014:

| Age   | Males  | Females | Total  |
|-------|--------|---------|--------|
| 0-4   | 5,100  | 5,300   | 10,400 |
| 5-14  | 6,000  | 6,100   | 12,100 |
| 15-19 | 3,000  | 3,200   | 6,200  |
| 20-24 | 3,150  | 3,150   | 6,300  |
| 25-29 | 2,900  | 3,000   | 5,900  |
| 30-34 | 2,900  | 2,950   | 5,850  |
| 35-39 | 2,500  | 2,500   | 5,000  |
| 40-44 | 2,000  | 2,100   | 4,100  |
| 44-49 | 1,900  | 2,000   | 3,900  |
| 50+   | 3,500  | 3,600   | 7,100  |
| Total | 32,950 | 33,900  | 66,850 |

| 1) How many children are under 5 ye | ears of age living in this area | (.5) |
|-------------------------------------|---------------------------------|------|
| 2) How many females are of child-be | aring age                       | (.5) |

3) How many males are over 50 years of age (.5)

In the given population there were 500 live births; 300 deaths of whom 6 deaths were of women occurred at the labour ward; 850 illnesses due to sexually transmitted infections.

Using the factor of 1000 calculate:

| i.   | Crude death rate                              | (2) |
|------|---|-----|
| ii.  | Maternal mortality rate                       | (2) |
| iii. | Prevalence of Sexually Transmitted Infections | (2) |