

**UNIVERSITY OF SWAZILAND
FACULTY OF HEALTH SCIENCES
BACHELR OF NURSING YEAR 5**

FINAL EXAMINATION PAPER 2010

**TITLE OF PAPER: TREATMENT MODALITIES FOR MENTAL
HEALTH PROBLEMS 1.**

COURSE CODE : NUR 554

TIME ALLOCATION : 2 HOURS

MARKS ALLOCATION: 75

**INSTRUCTIONS : THIS PAPER CONSISTS OF
THREE QUESTIONS.**

: ANSWER ALL QUESTIONS.

DO NOT OPEN THIS PAPER UNTIL TOLD TO DO SO.

QUESTION 1

The psychiatric nursing students at the Faculty of Health Sciences have formed a psychiatric nursing students society for the promotion of Mental Health of Students at the University of Swaziland and also to instil professional integrity in the psychiatric nursing Profession at the University and the country at large. What activities would the society implement to:

- 1.3. Maximize professional integrity (10 marks).
- 1.4. Reduce fear to HIV and AIDS (10 marks).
- 1.3. Increase counselling skills (5 marks).

[25 marks]

QUESTION 2

Mental Health Promotion is essential in mental health because it helps to avoid people becoming mentally disordered. It is also very difficult to treat mental disorders.

Discuss the concepts below:

- 2.1. Primary mental health prevention (10marks).
- 2.2. Secondary mental health prevention (10marks).
- 2.3. Tertiary mental health prevention (5marks).

[25 marks]

QUESTION 3

The development of the infants in pre-schools is rather highly skewed on the cognitive and physical part. How would you use the following to improve mental health services in pre-schools?

- 3.1. Professional dynamic nature of psychiatric nursing (5marks).
- 3.2. The physical part of development (5marks).
- 3.3. The psychosocial part of development (5marks).
- 3.4. The cognitive part of development (5marks).
- 3.5. The emotional part of development (5marks).

[25 marks]