TITLE OF PAPER:

ABNORMAL MIDWIFERY 2

COURSE CODE:

MID121

FINAL EXAMINATION:

MAY 2010

TIME:

2 HOURS

TOTAL MARKS

75

INSTRUCTIONS:

- 1. ANSWER ALL QUESTIONS
- 2. FIGURES IN BRACKETS INDICATE MARKS ALLOCATED TO EACH OR PART OF A QUESTION
- 3. ANSWER EACH QUESTION ON A NEW PAGE

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ABNORMAL MIDWIFERY (MID 121) FINAL EXAMINATION

Question 1

Multiple choice question: Select a single appropriate response

- 1.1 The term 'asynclinitism' refers to:
 - (a) The occiput becomes the leading part during labour
 - (b) The sinciput becomes the leading part during labour
 - (c) The parietal eminence becomes the leading part during labour.
 - (d) The face becomes the leading part during labour
- 1.2 In an effort to relieve asyclinitism, the midwife should encourage the client to:
 - (a) Be confined in bed until she has delivered her baby.
 - (b) Lie in the most comfortable position
 - (c) Sit on a comfortable chair
 - (d) Walk up stars
- 1.3 Oblique lie is commonly diagnosed among which group of clients:
 - (a) Nuliparous
 - (b) Primigravidas
 - (c) Gravida three
 - (d) Multigravid
- 1.4 The rationale for the response given in 1.3 is:
 - (a) Good uterine muscle tone
 - (b) Good abdominal muscle tone
 - (c) Lax uterine muscle tone
 - (d) Lax abdominal muscle tone
- 1.5 When labour progresses to a certain level and then stops, the midwife has to rule out:
 - (a) Malposition
 - (b) Condition of the cervix
 - (c) Multiple pregnancy
 - (d) Hyper uterine action

- 1.6 When the biparietal diameters of the foetal skull are caught up in the bispinous diameter of the pelvis, the resulting condition is referred to as:
 - (a) Persistent occipito posterior
 - (b) Deep transverse arrest
 - (c) Face to pubis
 - (d) Brow presentation
- 1.7 Prolonged first stage of labour may be a result of all the following except for:
 - (a) Inefficient uterine contractions
 - (b) Malpositioning of the foetus
 - (c) Cephalopelvic disproportion
 - (d) Intrapartum haemorrhage
- 1.8 When shoulder dystocia is diagnosed, the midwife should expedite the delivery by:
 - (a) Encouraging the client to push hard until the baby is delivered.
 - (b) Attempt to manually rotate shoulders before the delivery progresses.
 - (c) Wait for a more experienced person to render quality care.
 - (d) Perform a symphisiotomy
- 1.9 What is the rationale for the management recommended in question 1.8
 - (a) Evidence supports that effective pushing may resolve the condition.
 - (b) Shoulders should be delivered when lying in the anterior posterior diameter of the outlet.
 - (c) A more experienced person is professionally accountable than a midwife.
 - (d) One method of relieving the situation is to widen the pelvic capacity.
- 1.10 The injudicious use of oxytocic drugs may result to:
 - (a) No uterine contractions
 - (b) Uterine atony
 - (c) Inefficient uterine contractions
 - (d) Precipitate uterine contractions
- 1.11 Foetal scalp electrode or scalp pH assessment are procedures not recommended during labour as they enhance:
 - (a) Mother to child transmission of HIV infection
 - (b) Foetal distress
 - (c) Foetal death
 - (d) Foetal malformation

- 1.12 Augumentation of labour with an amniotomoy has been advocated as an active management of labour; however one of the immediate risk of this procedure is foetal distress following:
 - (a) Vaginal bleeding
 - (b) Infection
 - (c) Prolapsed cord
 - (d) Abnormal lie
- 1.13 The presenting diameter on a face presentation is:
 - (a) Mentovertica
 - (b) Mentobregmantic
 - (c) Submentovertical
 - (d) Submentobregmatic
- 1.14 Prolonged pressure of the presenting part (head) on a rigid cervix may result to:
 - (a) Prolapse of the cervix
 - (b) Rigid cervix
 - (c) Annular detachment of the cervix
 - (d) Cervical dystocia
- 1.15 A visible retraction ring is called:
 - (a) Bandl's ring
 - (b) Cervical ring
 - (c) Uterine ring
 - (d) Muscle ring
- 1.16 In order to confirm the right occipitoposterior position (persistent) by a vaginal examination, the midwife should identify the position of the occiput and sagittal suture:
 - (a) Occiput on the left and the sagittal suture on the left oblique diameter of the pelvis
 - (b) Occiput on the right and saggital suture on the right oblique position
 - (c) Occiput across and the saggital suture in transverse
 - (d) Occiput on the left and sagittal suture on the right oblique diameter

- 1.17 The method of delivering an after-coming head of a breech presentation, whereby baby's feet and body are held on the stretch position is called:
 - (a) Breech extraction
 - (b) Lovset manoeuvre
 - (c) Burns Marshall method
 - (d) Mauriceau-Smellie-Veit manoeuvre
- 1.18 Compound presentation rarely occurs to primigravid clients because:
 - (a) Engagement occurs before onset of labour
 - (b) Engagement occurs simultaneously with labour
 - (c) Engagement occurs after established labour
 - (d) Engagement occurs during active phase of labour
- 1.19 Disseminated intravascular coagulation is seen on these conditions:
 - (a) Convulsions
 - (b) Placenta abruption
 - (c) Amniotic fluid embolism
 - (d) A&C are correct responses
 - (e) B&C are correct responses
- 1.20 Which uterine scar is more likely to result to silent rupture of the uterus?
 - (a) Transverse scar
 - (b) Classic scar
 - (c) Oblique scar
 - (d) None of the above responses applies
- 1.21 A midwife observing a client recovering from anaesthesia should ensure that acid stomach content are suctioned before they are aspirated into the lungs, to prevent which condition:
 - (a) Aspiration syndrome
 - (b) Crash syndrome
 - (c) Maternal distress
 - (d) Mendelson's syndrome
- 1.22 In a referral maternity centre in Swaziland, doctors are routinely using epidural block for Caesarian section clients. One of the complications that may occur following this procedure is:
 - (a) Hypotension
 - (b) Hypertension
 - (c) Foetal distress
 - (d) Maternal distress

- 1.23 The drug that is routinely used to prevent the complication cited on question 1.22 is:
 - (a) Dextrose in water
 - (b) Hartmann's solution
 - (c) Ringers lactate
 - (d) Saline solution
- 1.24 Severe pain which usually follows inversion of the uterus is caused by:
 - (a) Pain on the placental area
 - (b) Traction of the ovaries
 - (c) Bleeding from the placenta
 - (d) Inverted uterus
- 1.25 One of the pathogens which commonly invade the genital tract is the:
 - (a) Clostridium welchii
 - (b) Diplococci
 - (c) Escherichia coli
 - (d) Pneumococci

Question 2 (a)

You are a midwife in charge of the labour ward, you are examining a primigravid client in the first stage of labour and you suspect a breech presentation. Discuss in detail how a midwife can diagnose a breech presentation during labour.

10 marks

Question 2 (b)

You are a midwife reporting for duty, you are looking after a multigravid client who has been in labour for the past 14 hours; discuss in detail your interventions before the client is reviewed by the doctor/obstetrician.

15 marks

Question 3 (a)

A midwife has been assisting Mrs Thomo who was giving birth to her 4th baby, the delivery process was normal but when the midwife was examining the placenta he/she noticed that the products of conception were incomplete. Discuss in detail the immediate management of this client by a midwife; give an appropriate rationale for the management.

15 marks

Question 3 (b)

Twenty four (24) hours post delivery, Mrs Thomo is feeling unwell. Describe the signs and symptoms that she will present if she has developed puerperal infection.

10 marks