### UNIVERSITY OF SWAZILAND

# FACULTY OF HEALTH SCIENCES

# **FINAL EXAMINATION MAY 2006**

COURSE

: NUR 311

TITLE

: COMMUNITY MENTAL HEALTH

DURATION

: 3 HOURS

MARKS

: 100

# **INSTRUCTION**

- 1. ANSWER ALL QUESTIONS.
- 2. WRITE EACH QUESTION ON A SEPARATE SHEET OF PAPER

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# **Question One**

A great number of psychiatric nurses have left the country Swaziland to greener pastures. This exodus has impacted negatively to the psychiatric nursing profession and the country. As a result a number of professional engagements for patients' recovery seem to have been compromised.

Discuss five professional set backs that you think might have occurred as a result of this movement of nurses to other countries for greener pastures.

## [25 marks]

#### **Question Two**

Still referring to question one, what do you think are some of the strategies that can be put in place to minimize the professional impact caused by the movement of psychiatric nurses? Discuss five strategies.

## [25 marks]

## **Question Three**

In your own understanding, what could be some of the problems in question one that possibly cause psychiatric nurses to leave for greener pastures in Swaziland? Discuss five.

#### [25 marks]

## **Question Four**

It has been discovered that HIV/Aids has become a concern for the psychiatric nursing profession. This is because HIV/Aids seem to have psychiatric complications which are mostly not well understood by other medical and nursing staff not trained in psychiatry.

a) Discuss clearly therefore three psychiatric complications which are HIV/Aids related.

#### (15 marks)

b) Discuss two strategies that should be implemented to minimize such complications.

(10 marks) [25 marks]