

UNIVERSITY OF SWAZILAND

Faculty of Health Science

Department of Environmental Health Sciences

Final Examination 2007

TITLE OF PAPER :

HEALTH EDUCATION

COURSE CODE

HSC 302

DURATION

3 HOURS

MARKS

100

INSTRUCTIONS

READ THE QUESTIONS & INSTRUCTIONS

CAREFULLY

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ANSWER ALL QUESTIONS

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EACH QUESTION CARRIES 25 MARKS

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NO PAPER SHOULD BE BROUGHT INTO NOR OUT

OF THE EXAMINATION ROOM

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BEGIN EACH QUESTION ON A SEPARATE SHEET

OF PAPER

DO NOT OPEN THE QUESTION PAPER UNTIL PERMISSION HAS BEEN GRANTED BY THE INVIGILATOR.

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QUESTION 1

Ericksons' theory of psychosocial believes that an individual's development depends on the nature of socialization where the individual lives. That is society should be responsible in making sure that individuals develop appropriately by instilling positive values and norms for nurturing this individual.

Discuss any five stages of development by Erickson's theory. In your discussion indicate clearly as to how each stage contribute to the development of the individual.

[25 marks]

QUESTION 2

State clearly the differences in the concepts below. From (a) to (e) 2 marks for each category and from (f) to (j) three marks for each category.

- a) Industrial and educational psychology.
- b) Psychiatrist and clinical psychology.
- c) Mental part and spiritual part.
- d) Psych-analytic theory and psychosocial theory.
- e) Intrinsic motivation and extrinsic motivation.
- f) Externalization and internalization of feelings.
- g) Pleasure principle and reality principle.
- h) Physical environment and social environment.
- i) Introvert and extrovert personalities
- j) Fields and approaches in psychology.

[25 marks]

QUESTION 3

a) Every health professional has a role to play on health education in school. Discuss in details ten (10) functions of a health professional team in school.

[20 marks]

b) Discuss five (5) principles of health education.

[5 marks]

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QUESTION 4

a) Discuss the process through which people go through prior to adoption of a new idea.

[10 marks]

b) The health administrator has requested you to disseminate health information to community (x). Discuss in details eight (8) barrier of communication that you may encounter during your presentation. [15 marks]