

Course Code: AED 411/BAE 516, April 2021

UNIVERSITY OF ESWATINI

INSTITUTE OF DISTANCE EDUCATION

BACHELOR OF EDUCATION (ADULT EDUCATION)

MAIN EXAMINATION PAPER, APRIL 2021

**TITLE OF PAPER : COUNSELING AND GUIDANCE: COUNSELING SKILLS AND
INTERVENTIONS IN ADULT EDUCATION**

COURSE : AED 411/BAE 516

TIME ALLOWED : THREE (3) HOURS

INSTRUCTIONS : ANSWER QUESTION 1 AND TWO OTHERS

THIS PAPER SHOULD BE OPENED ON THE INSTRUCTION OF THE INVIGILATOR

QUESTION ONE [40 Marks]

- a) Briefly discuss four (4) types of clients who go for counseling (8 Marks)
- b) Discuss 4 aspects of the RESPECTFUL Model that assist you to effectively counsel a client from a different sociocultural background from yours? (20 Marks)
- c) Briefly discuss the three (3) stages of Ginzberg, Axelrad and Therma's Theory of vocational guidance (12 Marks)

QUESTION TWO (30 Marks)

- a) Critically discuss the importance/usefulness of five (5) listening and understanding skills in counseling. (30 Marks).

QUESTION THREE (30 Marks)

- a) Describe how you may use the seven (7) steps of Young's role play model to counsel a classmate having issues of anxiety related to COVID – 19 lockdown. (30 Marks).

QUESTION FOUR (30 Marks)

- a) Briefly discuss the 3 benefits of pre-test and post-test counseling in HIV and AIDS (15 Marks)
- b) Discuss four (4) challenges in HIV and AIDS counselling (15 Marks)