

Course Code: IDE-BAE 307-1 &2 (M) 2010

**UNIVERSITY OF SWAZILAND
INSTITUTE OF DISTANCE EDUCATION**

BACHELOR OF EDUCATION (ADULT EDUCATION) YEAR IV

FINAL EXAMINATION PAPER, MAY 2010

TITLE OF PAPER : COUNSELLING AND GUIDANCE I&II

COURSE CODE : IDE-BAE 307- 1&2

TIME ALLOWED : THREE (3) HOURS

- INSTRUCTIONS :**
- 1. ANSWER THREE QUESTIONS ONLY. ONE (1) FROM EACH OF THE THREE SECTIONS**
 - 2. QUESTION ONE (1) (SECTION A) IS COMPULSORY**
 - 3. ANSWERS SHOULD BE WRITTEN IN THE ANSWER BOOKLETS PROVIDED.**
 - 4. DO NOT WRITE ON THE QUESTION PAPER.**

THIS PAPER SHOULD NOT BE OPENED UNTIL PERMISSION HAS BEEN GRANTED BY THE INVIGILATOR

QUESTION 1: (COMPULSORY) (40 MARKS)

INSTRUCTIONS: Read the following scenario and answer the questions below.

SCENARIO

Manesi Mkhabela graduated from UNISA with an MBA degree in property evaluation four years ago. She is 26 years old and employed as senior manager at Sipho and Associates, property valuers. Last year she got married to Leonard Mthupa, a 30 year old Chartered Accountant from the University of London, who is the Director finance at NEDBank . The Mthupha family have a good combined income which has enabled them to buy a house, a medium size farm and two family cars. In addition, they have some livestock which are at Mthupha's home in Lavumisa. Mthupha's father is a retired civil servant and the mother, La-Simelane, will soon be a retiring secondary school teacher. The Mthupha's have a nine month old daughter, Nomzamo.

Before the birth of Nomzamo, the Mthuphas had enough time for each other as well as their career. Things changed in the first three months of Nomzamo's arrival. Manesi got her maternity leave and gave all her attention to their baby, and since her return to Sipho and Associates property valuers' firm she has experienced a lot of mounting pressure from both her employers and clients. She now does not have enough time for the baby. Nomzamo is most of the times under the care of Busisiwe the baby-sister. Leonard, on the hand, seems to have switched this attention from wife to the new arrival, Nomzamo. Manesi complains that now Leonard does not care about her. She thinks it might be wise if they contact Leonard's parents to take in the grand-daughter for a few days, in order for them to sort themselves out. Leonard is adamant that Nomzamo is better off under his roof than at the grand parents' in the rural areas.

- (a) Describe the counseling and guidance approach you could adopt in solving the problem and reaching a sensible conclusion about a course of action which the Mthuphas should take.
[25 marks]
- (b) Explain why that approach would be the best approach in this particular context.
[15 marks]
- Total = [40 marks]**

SECTION B

QUESTION 2

- (a) Define/describe the terms "counselling" and "guidance"
[10 marks]
- (b) Using relevant examples, discuss the genesis of modern counseling and guidance.
[20 marks]

QUESTION 3

- (a) Discuss the main roles and functions of theory in counselling and guidance.
[10 marks]
- (c) Choose any two counselling and guidance theories and discuss their role in the counseling and guidance of adults.
[20 marks]

QUESTION 4

- (a) What is meant by counselling and guidance technique?
[5 marks]
- (b) Choose any two counselling and guidance techniques and explain scenarios/situations in which you could use them with a given clientele in Swaziland.
[25 marks]

SECTION C

QUESTION 5

- (a) Discuss **four** basic principles of Guidance for adults.
[10 marks]
- (b) Describe a scenario in which you could provide guidance to adults in two different settings
[20 marks]

QUESTION 6

- (a) Discuss the role of counselling and guidance in adult education
[5 marks]
- (b) Describe how you would approach the counselling and guidance of 15 Sebenta adult learners (10 females and 5 males) with the following learning problems :-
 - (i) Erratic attendance for all the 6 learners
 - (ii) Numeracy for males only
 - (iii) Social problems for females only.[25 marks]