

Course Code : IDE-BAE 413 (M) 2008

**UNIVERSITY OF SWAZILAND  
INSTITUTE OF DISTANCE EDUCATION**

**BACHELOR OF EDUCATION (ADULT EDUCATION) YEAR V**

**MAIN EXAMINATION PAPER, MAY ,2008**

**TITLE OF PAPER : COUNSELLING AND GUIDANCE OF ADULTS III**

**COURSE CODE : IDE-BAE 413**

**TIME ALLOWED : TWO ( 2) HOURS**

- INSTRUCTIONS :**
- 1. ANSWER THREE QUESTIONS ONLY. ONE FROM ONE (1) FROM EACH OF THE THREE SECTIONS**
  - 2. ANSWERS SHOULD BE WRITTEN IN THE ANSWER BOOKLETS PROVIDED.**
  - 3. DO NOT WRITE ON THE QUESTION PAPER.**

**THIS PAPER SHOULD NOT BE OPENED UNTIL PERMISSION HAS BEEN GRANTED BY THE INVIGILATOR**

**SECTION A**

**QUESTION 1 : ( COMPULSORY) ( 40 MARKS)**

**INSTRUCTIONS: Read the following case and answer the questions below.**

**CASE**

The media has been rife with cases of child abuse, domestic violence, suicide and many disturbing cases which call for the attention of counselors. The latest is about Nomvula.

“Nomvula realized that her dreams of going to primary school were shattered by an early pregnancy. She is thirteen years of age, and was a grade one pupil at one of the rural schools, and the father of her child is none other than Muliro a 15 year old boy who is in grade six, and who resides in the same community. Nomvula’s mother is shocked, so is her father. Her mother is a street vendor and her father is a clerk in one of the furniture shops. They had hoped to give their daughter a better life.

Nomvula’s mother is still in shock, as is her father. They do not know what to do with both children. Muliro’s parents are silent, and have not come out in the open with any solution”

- (a) Discuss the nature of conflict and possible counselling and guidance services needed by a person/persons mentioned in the above scenario.  
[ 10 marks]
  - (b) Give your reasons for your response in (a) above.  
[ 8 marks]
  - (c) Choose an appropriate counselling and guidance approach and describe:-
    - (i) Key developmental tasks and goals the initial stage, working stage and final stage.  
[ 6 marks]
    - (ii) Your role in the initial stage, working stage and final stage.  
[ 6 marks]
    - (iii) Your client’s role in the initial stage, working stage and final stage.  
[ 6 marks]
    - (iv) The techniques that you would use to facilitate the process.  
[ 4 marks]
- Total = [40 marks]**

**SECTION B**

**QUESTION 2**

Describe how and why you could use cognitive-behavioural techniques for counselling and guidance of adults in a setting of your choice in Swaziland.

[25 marks]

**QUESTION 3**

Describe how and why you could use Psycho-analytical techniques for counselling and guidance of adults in a setting of your choice in Swaziland.

[25 marks]

**SECTION C**

**QUESTION 5**

- (a) Describe the main assumptions of (i) professional/Institutional , (ii) open, and (iii) situation based counselling and guidance for adults practices  
[ 15 marks]
- (b) Discuss the strengths and weaknesses of providers of the above services in Swaziland.

**QUESTION 6**

- (a) Describe the main assumptions of Family, Systems and group techniques of counselling and guidance for adults. [ 15 marks]
- (c) (b) Discuss the strengths and weaknesses of providers of the above services in Swaziland.