



UNIVERSITY OF SWAZILAND

FINAL EXAMINATION PAPER

PROGRAMME: **BACHELOR OF SCIENCE IN HOME ECONOMICS and HOME ECONOMICS EDUCATION.**

COURSE CODE: **FRHD 405**

TITLE OF PAPER: **GUIDANCE AND COUNSELLING**

TIME ALLOWED: **TWO (2) HOURS**

INSTRUCTIONS: **ANSWER QUESTION ONE (1) AND ANY OTHER TWO (2) QUESTIONS.**

DO NOT OPEN THIS PAPER UNTIL PERMISSION HAS BEEN GRANTED BY THE CHIEF INVIGILATOR.

QUESTION 1 (Compulsory)

- a. Define guidance in detail and discuss the components of guidance. (20)
- b. What is counselling? State five reasons for counselling. (10)
- c. Discuss five major challenges faced by HIV/AIDS counsellors in Swaziland. (10)

[Total marks = 40]**QUESTION 2**

- a. Differentiate between individual and group counselling. (5)
- b. List problems usually faced by students which require each of the counselling method in 'a' above? (10)
- c. Discuss the strengths and weaknesses of group counselling. (10)
- d. If you were to conduct a group counselling session with secondary school students, What topics of interest would you choose? (5)

[Total marks = 30]**QUESTION 3**

- a. Describe qualities of a good counsellor. (15)
- b. Many of our students have problems in choosing a job. What knowledge is required by students in order to make a career choice and briefly discuss each? (15)

[Total marks = 30]**QUESTION 4**

Discuss the psychoanalytic approach to counselling with respect to the role of the counsellor, the role of the client, and the counselling goals. (30)

[Total marks = 30]