

2ND SEM. 2008/2009



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UNIVERSITY OF SWAZILAND

FINAL EXAMINATION PAPER

**PROGRAMME : BACHELOR OF SCIENCE IN HOME
ECONOMICS AND HOME
ECONOMICS EDUCATION YEAR IV**

COURSE CODE : FRHD 405

TITLE OF PAPER : GUIDANCE AND COUNSELLING

TIME ALLOWED : TWO (2) HOURS

**INSTRUCTIONS : ANSWER QUESTION ONE (1)
AND ANY OTHER TWO (2) QUESTIONS**

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GRANTED BY THE CHIEF INVIGILATOR**

Question 1 [Compulsory]

HIV/Aids counselling in Swaziland, just like in many developing countries, is beset by a number of challenges. Critically discuss any four major challenges and suggest solutions.

[40 marks]

Question 2

Discuss the humanistic approach to counselling with regard to:

- a) Counselling objectives
- b) The role of the counsellor
- c) The role of the client

[30 marks]

Question 3

Explain the following terms as used in counselling:

- a) Empathy
- b) Congruence
- c) Transference
- d) Listening
- e) Resistance

[30 marks]

Question 4

Critically discuss phases in counselling, highlighting the role played by each phase in a counselling session.

[30 marks]