

1ST SEM. 2007/2008

PAGE 1 OF 3

UNIVERSITY OF SWAZILAND

FINAL EXAMINATION PAPER

PROGRAMME

BACHELOR OF SCIENCE IN FOOD.

SCIENCE, NUTRITION AND

TECHNOLOGY, HOME ECONOMICS

EDUCATION AND HOME ECONOMICS YEAR III

COURSE CODE

FSNT 301

TITLE OF PAPER

COMMUNITY NUTRITION

TIME ALLOWED

TWO (2) HOURS

INSTRUCTIONS

ANSWER QUESTION ONE (1) AND

ANY OTHER TWO (2) QUESTIONS

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QUESTION 1 (COMPULSORY)

"Sound nutrition can change children's lives, improve their physical and mental development, protect their health and lay a firm foundation for future productivity".

Discuss <u>eight (8)</u> major global nutrition challenges which must be eliminated by 2020.

 $[8 \times 5 = 40]$

[TOTAL MARKS = 40]

QUESTION 2

- a) Define the following terms in Nutrition:
 - (i) Nutritional Care
 - (ii) Nutritional Status
 - (iii) Stunting
 - (iv) Wasting
 - (v) Epidemiology

 $[5 \times 2 = 10]$

b) Explain the UNICEF conceptual framework and its use. [20 marks]

[TOTAL MARKS = 30]

QUESTION 3

- a) Define the following nutritional terms:
 - (i) Nutritional surveillance
 - (ii) Growth monitoring

 $[2 \times 2 = 4]$

PAGE 3 OF 3 FSNT 301

b) Explain how you would assess the quality of Growth Monitoring and Promotion. [26 marks]

[TOTAL MARKS = 30]

QUESTION 4

- a) Describe Anthropometry as a method of measuring nutritional status. [15 marks]
- b) Outline the Integrated Nutrition Programme.

[15 marks]

[TOTAL MARKS = 30]