

1ST SEM. 2007/2008



PAGE 1 OF 3

UNIVERSITY OF SWAZILAND

SUPPLEMENTARY EXAMINATION PAPER

**PROGRAMME : BACHELOR OF SCIENCE IN HOME
ECONOMICS AND HOME
ECONOMICS EDUCATION**

COURSE CODE : FRHD 405

TITLE OF PAPER : GUIDANCE AND COUNSELING

TIME ALLOWED : TWO (2) HOURS

**INSTRUCTIONS : ANSWER QUESTION ONE (1)
AND ANY OTHER (2) QUESTIONS**

**DO NOT OPEN THIS PAPER UNTIL PERMISSION HAS BEEN
GRANTED BY THE CHIEF INVIGILATOR**

QUESTION 1

COMPULSORY

- (a) React to the following statement.
"Counseling must deal with the whole person." [8 Marks]
- (b) Describe the role of a behavioural counsellor. [12 Marks]
- (c) Identify and describe the four (4) characteristics of the relationship between a counselor and a client. [20 Marks]

[TOTAL MARKS = 40]

QUESTION 2

- (a) Guidance is term used to communicate an idea of providing another person some assistance through cooperation. Describe the features of this kind of cooperation. [12 Marks]
- (b) Identify the seven (7) aspects that are involved in implementing the assertiveness training strategy. [18 Marks]

[TOTAL MARKS = 30]

QUESTION 3

- (a) Identify and discuss at least five(5) factors that hinder effective implementation of school guidance and counselling programmes. [15 Marks]

- (b) Interaction management is a skill are where a Counselor commits selflessly to a client's concern. Explain. [15 Marks]

[TOTAL MARKS = 30]

QUESTION 4

- (a) Write short notes on the following:
(i) Self-help groups
(ii) Counselling
(iii) Collaboration [15 Marks]

- (b) One of the basic principles of counselling is that it cannot and should not be imposed. Explain. [15 Marks]

[TOTAL MARKS = 30]