

2ND SEM. 2007/2008



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UNIVERSITY OF SWAZILAND

FINAL EXAMINATION PAPER

**PROGRAMME : BACHELOR OF SCIENCE IN HOME
ECONOMICS AND HOME
ECONOMICS EDUCATION**

COURSE CODE : FRHD 405

TITLE OF PAPER : GUIDANCE AND COUNSELING

TIME ALLOWED : TWO (2) HOURS

**INSTRUCTIONS : ANSWER QUESTION ONE (1)
AND ANY OTHER (2) QUESTIONS**

**DO NOT OPEN THIS PAPER UNTIL PERMISSION HAS BEEN
GRANTED BY THE CHIEF INVIGILATOR**

QUESTION 1

COMPULSORY

- a) Identify and explain any two (2) of the three theories of counseling. [12 Marks]
- (b) The general function of education is direction, control and guidance. Explain the difference between the uses of these terms with respect to guidance and counseling. [12 Marks]
- (c) The responsibility for guidance is assigned to the teacher who is responsible for teaching the compulsory subjects. List and explain the teacher's duties as a counselor. [16 Marks]

[TOTAL MARKS = 40]

QUESTION 2

- (a) Describe the five (5) stages of career planning [15 Marks]
- (b) Explain why guidance is said to be a chief responsibility of schools. [15 Marks]

[TOTAL MARKS = 30]

QUESTION 3

- (a) Discuss the five (5) tasks that are accomplished through a counseling relationship. [15 Marks]
- (b) Identify and discuss the features that are used for identifying and characterizing the self-help groups. [15 Marks]

[TOTAL MARKS = 30]

QUESTION 4

- (a) Discuss the following skills/competencies that are required of a counselor. [15 Marks]
- (i) Attending
 - (ii) Interpretation
 - (iii) Self-disclosure
- (b) Write short notes on the following:
- (i) Guidance and counseling
 - (ii) Paralinguistic aspect of listening
 - (iii) Interpersonal process recall [15 Marks]

[TOTAL MARKS = 30]