

2006/2007

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UNIVERSITY OF SWAZILAND

SUPPLEMENTARY EXAMINATION PAPER

:

PROGRAMME

BACHELOR OF SCIENCE IN FOOD

SCIENCE, NUTRITION AND

TECHNOLOGY

COURSE CODE

FSNT 207

TITLE OF PAPER :

CULINARY ART

TIME ALLOWED :

TWO (2) HOURS

INSTRUCTIONS

ANSWER QUESTION ONE (1) AND

ANY OTHER TWO (2) QUESTIONS

DO NOT OPEN THIS PAPER UNTIL PERMISSION HAS BEEN GRANTED BY THE CHIEF INVIGILATOR

QUESTION 1

Your first duty as a restaurant Manager is to make certain that your customers do not become ill or injured as a result of entering your establishment.

- a) Describe four (4) rules you would follow for preventing customer illness. [28 marks]
- b) Discuss the value of setting up a HACCP System in your foodservice establishment. [12 marks]

[TOTAL MARKS = 40]

QUESTION 2

Certain skills and knowledge are required to become a professional Chef or even to understand the Chef's role.

a) Describe Mise en place as used in the culinary profession.

[9 marks]

- b) Explain the basic challenge regarding Mise en Place. [9 marks]
- c) Outline the process the Chef must undergo for meeting the challenge of Mise en Place for every item on the menu. [12 marks]

[TOTAL MARKS = 30]

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QUESTION 3

- a) Define the following:
 - i. Caramelization
 - ii. Dice
 - iii. Dry-heat cooking
 - iv. Julienne
 - v. Brunoise [10 marks]
- b) i. Describe a standardized recipe [14 marks]
 - ii Write a recipe using the block form for standardized recipes [6 marks]

[TOTAL MARKS = 25]

QUESTION 4

- a) Describe the three of the most common flavouring items added to stock. [9 marks]
- b) i Define poultry

[3 marks]

- ii What are the four major types of poultry used in foodservice? [8 marks]
- c) Name the major fabricated cuts that are created from lamb primal cuts. [10 marks]

[TOTAL MARKS = 25]