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UNIVERSITY OF SWAZILAND

FINAL EXAMINATION PAPER

**PROGRAMME : BACHELOR OF SCIENCE IN HOME
ECONOMICS EDUCATION AND
HOME ECONOMICS YEAR V**

COURSE CODE : FRHD 503

TITLE OF PAPER : POPULATION STUDIES & HEALTH

TIME ALLOWED : TWO (2) HOURS

**INSTRUCTIONS : ANSWER QUESTION ONE (1)
AND ANY OTHER (2) QUESTIONS**

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GRANTED BY THE CHIEF INVIGILATOR**

QUESTION 1 [THIS QUESTION IS COMPULSORY]

- A Briefly describe the concept "Primary Health Care" as defined by the World Health Organization.....[5]
- B The World Health Organization has laid down certain basic principles for the organization of Primary Health Care services for the purpose of improving the health of populations. Briefly discuss these principles.....[15]
- C Discuss population medicine stating how it differs from clinical medicine.....[20]

TOTAL MARKS.....[40]

QUESTION 2

Knowledge of the complex interdependence between the demographic characteristics of a population and its health status and health needs is essential to those responsible for providing health services. Briefly discuss factors in population health under the following headings.:

- i) fertility.....[10]
- ii) mortality.....[10]
- iii) migration.....[10]

TOTAL MARKS.....[30]

QUESTION 3

In all countries with nutritional problems children under the age of five years, and pregnant and lactating mothers are especially vulnerable. Discuss malnutrition under the following headings:

- 1 Factors associated with food production and distribution
- 2 Economic factors
- 3 Social and cultural factors
- 4 Demographic factors
- 5 Prevention and control of nutritional diseases

TOTAL MARKS.....[30]

QUESTION 4

A How would family planning reduce the risk of pregnancy –related morbidity?.....[5]

B Counseling in family planning can form a valuable part of post natal care, most women being very receptive to family planning advice at this time.

Briefly outline the advantages of family planning regarding the following:

- i) Individual.....[5]
- ii) Family.....[5]
- iii) Child.....[5]
- iv) Society.....[10]

TOTAL MARKS.....[30]