



2nd SEM. 2005/2006

PAGE 1 OF 2

UNIVERSITY OF SWAZILAND

FINAL EXAMINATION PAPER

**PROGRAMME : BACHELOR OF SCIENCE IN HOME
ECONOMICS EDUCATION AND
HOME ECONOMICS YEAR IV**

COURSE CODE : FN 402

TITLE OF PAPER : COMMUNITY NUTRITION

TIME ALLOWED : TWO (2) HOURS

**INSTRUCTIONS : ANSWER QUESTION ONE (1)
AND ANY OTHER (2) QUESTIONS**

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GRANTED BY THE CHIEF INVIGILATOR**

PAGE 2 OF 2

QUESTION 1(COMPULSORY)

- a. Describe **four** common nutritional assessment methods used in Africa.
[4x3 = 12]
- b. List advantages and limitations of these methods within an African setting.
[4x5 = 20]
- c. List clinical symptoms and signs for various nutritional disorders.
[4x2 = 8]
[Total marks = 40]

QUESTION 2

Identify and describe **six** major factors contributing to food and nutrition problems in Africa.

[Total marks = 30]

QUESTION 3

Actions to improve the overall nutritional status of the poor in developing countries have evolved strategically over the past decades. Describe the more holistic approaches that have been employed to improve nutrition or new approaches to reduce malnutrition.

[5x6 = 30]

[Total marks = 30]

QUESTION 4

- a. Define the following terms as used in community nutrition:
 - i. Nutrition epidemiology
 - ii. Nutrition surveillance[2.5x2 = 5]
- b. Discuss nutrition surveillance as an indirect assessment of health status in a community.
[25]
[Total marks = 30]