

2ND SEM. 2005/2006



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UNIVERSITY OF SWAZILAND

FINAL EXAMINATION PAPER

**PROGRAMME : DIPLOMA IN HOME ECONOMICS
EDUCATION AND HOME
ECONOMICS YEAR II**

COURSE CODE : FN 204

TITLE OF PAPER : HUMAN NUTRITION

TIME ALLOWED : TWO (2) HOURS

**INSTRUCTIONS : ANSWER QUESTION ONE (1)
AND ANY OTHER (2) QUESTIONS**

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GRANTED BY THE CHIEF INVIGILATOR**

PAGE 2 OF 2**QUESTION 1(COMPULSORY)**

Discuss the causes of nutrition problems prevailing in Africa due to economic, social, cultural, political and health related factors.

[Total marks = 40]

QUESTION 2

Identify the signs and symptoms of the following:

- a. Protein energy malnutrition
- b. Iron Deficiency anaemia
- c. Vitamin A deficiency

[10]

[10]

[10]

[Total marks = 30]

QUESTION 3

Define the following terms as applied in the life cycle.

- a.
 - i. Pregnancy
 - ii. Infancy
 - iii. Childhood
 - iv. Adolescence
 - v. Elderly

[5X2 =10]

- b. Identify and discuss nutritional needs during the following stages in the lifecycle:

- i. Pregnancy
 - ii. Adulthood and old age

[10]

[10]

[Total marks = 30]

QUESTION 4

- a. Define the following term:

- i. Weaning

[5]

- b. Describe infant feeding options you would recommend to an HIV positive mother.

[25]

[Total marks = 30]