



2ND SEM. 2005

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UNIVERSITY OF SWAZILAND

FINAL EXAMINATION PAPER

**PROGRAMME : DIPLOMA IN HOME ECONOMICS
EDUCATION & DIPLOMA IN HOME
ECONOMICS YEAR II**

COURSE CODE : FN 204

TITLE OF PAPER : HUMAN NUTRITION

TIME ALLOWED : TWO (2) HOURS

**INSTRUCTIONS : ANSWER QUESTION ONE (1)
AND ANY OTHER (2) QUESTIONS**

**DO NOT OPEN THIS PAPER UNTIL PERMISSION HAS BEEN
GRANTED BY THE CHIEF INVIGILATOR**

QUESTION 1

- a) List and discuss five (5) factors that influence the nutritional needs of a woman during pregnancy. (20)
 - b) List and discuss five major nutritional factors of lactation. (20)
- [40]

QUESTION 2

Explain how good eating habits can help prevent the following food and nutrition problems:

- a) Protein-energy malnutrition (10)
 - b) Anemia (10)
 - c) Obesity (10)
- [30]

QUESTION 3

Describe in detail the causes of malnutrition and death in Africa [30]

QUESTION 4

- a) Define weaning (5)
 - b) Describe Infant Feeding Options in the context of HIV. (25)
- [30]