

1ST SEM. 2016/17



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UNIVERSITY OF SWAZILAND
FINAL EXAMINATION PAPER

PROGRAMME : **BACHELOR OF SCIENCE IN FOOD
SCIENCE, NUTRITION AND
TECHNOLOGY, CONSUMER
SCIENCE AND CONSUMER SCIENCE
EDUCATION YEAR III**

COURSE CODE : **FSNT 301**

TITLE OF PAPER : **COMMUNITY NUTRITION**

TIME ALLOWED : **TWO (2) HOURS**

INSTRUCTION : **ANSWER QUESTION ONE (1) AND
ANY OTHER TWO (2) QUESTIONS**

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GRANTED BY THE CHIEF INVIGILATOR**

QUESTION 1 (COMPULSORY)

The minister for Health has requested that you prepare a cabinet paper on the current nutrition situation in Swaziland, the causes and consequences of malnutrition. The paper should also suggest Policies and Programmes to improve the nutrition situation in the country

- (a) Present an outline on the current nutrition situation in Swaziland. (10 Marks)
- (b) Describe the causes and consequences of malnutrition. (20 Marks)
- (c) Suggest Policies and Programmes to improve the nutrition situation in the country. (10 Marks)

[TOTAL MARKS = 40]

QUESTION 2

Describe the following methods used in the assessment of nutritional status of communities:

- (a) Anthropometry (15 Marks)
- (a) Clinical assessment (15 Marks)

[TOTAL MARKS = 30]

QUESTION 3

Explain the value of nutrition information in programme management.

[TOTAL MARKS = 30]

QUESTION 4

- (a) Discuss Nutritional Epidemiology as it relates to community nutrition.
(15 marks)
- (b) Describe three (30 steps in the nutrition care process that community nutritionists use to critically evaluate nutrition-related problems and make decisions regarding them.
(15 marks)

[TOTAL MARKS = 30]