



2<sup>nd</sup> SEM. 2016/2017

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**UNIVERSITY OF SWAZILAND**  
**SUPPLEMENTARY EXAMINATION PAPER**

- PROGRAMME** : **BACHELOR OF SCIENCE IN  
CONSUMER SCIENCE and CONSUMER  
SCIENCE EDUCATION II and III**
- COURSE CODE** : **CED202 /FRHD 303**
- TITLE OF PAPER** : **CHILD CARE AND DEVELOPMENT**
- TIME ALLOWED** : **TWO (2) HOURS**
- INSTRUCTIONS** : **ANSWER QUESTION ONE (1)  
AND ANY OTHER TWO (2) QUESTIONS**

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GRANTED BY THE CHIEF INVIGILATOR**

**QUESTION 1 – COMPULSORY**

- (a) A common technological device that is common in most homes is the television and it is very much part of most children's lives.
- i. State five (5) benefits of television for children. [5 Marks]
  - ii. Give five (5) harmful effects of television on children. [5 Marks]
- (b) Most babies will get nappy rash from time to time.
- i. Discuss the causes of nappy rash (ammonia dermatitis). [5 Marks]
  - ii. What advice would you give for the prevention of nappy rash? [5 Marks]
- (c) **Choose the incorrect answer:**
- (i) A child's self-esteem is mostly affected by
- a. Discrimination by race
  - b. Changing who they are
  - c. Support by parents and those around
  - d. The child's environment
- [1 Mark]
- (ii) Which one of the following is a sign of low self-esteem:
- a. Often saying that her wishes do not matter
  - b. Not belittling self
  - c. Trying to change her appearance
  - d. Trying too hard to please
- [1 Mark]
- (iii) Smother love shows itself in the following ways:
- a. Constantly worrying about the child's bowels and toilet training
  - b. Not being anxious about every movement
  - c. Constantly worrying about the amount she eats
  - d. Letting her play with what she wants and not interfering
- [1 Mark]
- (iv) Insecurity in children may be reflected in behaviour and expressed as follows:
- a. Nervousness
  - b. Never shy
  - c. Headache
  - d. Toilet problems
- [1 Mark]



- (v) Jealousy may show in many ways in children
- a. Biting another child
  - b. Demanding attention
  - c. Liveliness
  - d. Moping

**[1 Marks]**

**(d) Choose the most correct answer**

- (i) Lack of discipline is often harmful. It may result in a child who is likely to be:
- a. Secure
  - b. Rude
  - c. Selfish
  - d. Disobedient

**[1 Mark]**

- (ii) Correcting a child should be done:
- a. When they are below a year old
  - b. By not showing displeasure
  - c. Immediately
  - d. Not linking correction with misbehaviour

**[1 Mark]**

- (iii) Moral development is:
- a. Growth and maturity of body parts
  - b. Ability of child to recognize and control her feelings
  - c. Values and standard of behaviour based on respect of other people
  - d. Skills and attitudes which enables individuals to live easily with others

**[1 Mark]**

- (iv) Regression is:
- a. Reverting to an earlier stage of behaviour
  - b. Performing at a higher stage
  - c. Being more advanced than normal development
  - d. Being unable to perform as expected

**[1 Mark]**

- (v) Children in large families are likely to be influenced by:
- a. Having too much privacy
  - b. Always having someone to play with
  - c. A great deal of adult attention
  - d. A great deal of material goods

**[1 Mark]**

- (e) Explain the meaning of these words:
- (i) Autism
  - (ii) Guttural sounds
  - (iii) Vocalise
  - (iv) Looking-on play
  - (v) Parallel play
- [5 Marks]
- (f) (i) Which type of abuse is also known as the non-accidental injury? [1 Mark]
- (ii) Describe the form which this abuse may take. [4 Marks]

[TOTAL MARKS = 40]

### QUESTION 2

- (a) (i) What is meant by social development? [2 Marks]
- (ii) What are social skills? [3 Marks]
- (iii) Give some examples of the social skills which children need to learn. [6 Marks]
- (b) (i) Name three factors which influence emotional development in children. [3 Marks]
- (ii) Discuss any two factors mentioned in no. 2 (i) above. [2 x 5 Marks]
- (c) What is meant by each of the following in child development:
- (i) Self-esteem
  - (ii) Self-confidence
  - (iii) Self-reliance

[6 Marks]  
[TOTAL MARKS = 30]

### QUESTION 3

- (a) What is the significance of understanding child development? [4 Marks]
- (b) Name the word best described by the following sentence
- i. Hormone responsible for secondary sex characteristics in girls
  - ii. Hormone responsible for formation and maintenance of decidua
  - iii. Relaxation of muscles during pregnancy
  - iv. The organ that produces progesterone and oestrogens
  - v. Propels the ovum:



- vi. The organ prepares to receive the fertilized ovum
- vii. Controls phases of the menstrual cycle in adolescence
- viii. Inhibits lactation during pregnancy
- ix. Promotes growth of uterine muscles
- x. Controls secretory changes in the endometrium
- xi. The stage at which the lining of the uterus thickens—
- xii. The ovarian stage corresponding to the last stage of the menstrual cycle
- xiii. Ovulation marks the end of this menstrual cycle
- xiv. The number of chromosomes in sex cells
- xv. Yellow body resulting from a ruptured follicle
- xvi. The hormone is used for a pregnancy diagnosis

**[16 Marks]**

- (c) Discuss the importance of early antenatal visits to the clinic.

**[5 Marks]**

- (d) Every antenatal visit is characterized by a sample of urine for examination. What is the significance of this examination?

**[5 Marks]**

**[TOTAL MARKS = 30]**

#### **QUESTION 4**

- (a) The following conditions cause discomfort during breast feeding:
- (i) cracked nipples
  - (ii) Engorgement

What measures can a breastfeeding mother take to help relieve each of these conditions.

**[2 x 2 Marks]**

- (b) Explain how babies are likely to be infected with HIV.

**[5 Marks]**

- (c) Discuss the choices of feeding an infant that an HIV positive mother has. State the effects of each choice.

**[5 Marks]**

- (d) List and discuss the importance of different types of play in the life of a child.

**[12 Marks]**

- (e) State important points to consider when weaning a child.  
(Any four)

**[4 Marks]**

**[TOTAL MARKS = 30]**