



**1<sup>ST</sup> SEM. 2015/16**

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**UNIVERSITY OF SWAZILAND**  
**SUPPLEMENTARY EXAMINATION PAPER**

**PROGRAMME : BACHELOR OF SCIENCE IN FOOD  
SCIENCE, NUTRITION AND  
TECHNOLOGY, CONSUMER  
SCIENCE AND CONSUMER SCIENCE  
EDUCATION YEAR III**

**COURSE CODE : FSNT 301**

**TITLE OF PAPER : COMMUNITY NUTRITION**

**TIME ALLOWED : TWO (2) HOURS**

**INSTRUCTION : ANSWER QUESTION ONE (1) AND  
ANY OTHER TWO (2) QUESTIONS**

**DO NOT OPEN THIS PAPER UNTIL PERMISSION HAS BEEN  
GRANTED BY THE CHIEF INVIGILATOR**

**QUESTION 1 (COMPULSORY)**

World hunger is a continuing plague.

- (a) Describe the causes of under-nutrition in the developing world. (20 Marks)
- (b) Discuss the consequences of under-nutrition. (10 Marks)
- (c) How can under-nutrition be reduced in the developing world? (10 Marks)

[TOTAL MARKS = 40]

**QUESTION 2**

- (a) Explain the importance of a nutritional surveillance in community nutrition. (20 Marks)
- (b) What should be included in the plan for nutritional care? (10 Marks)

[TOTAL MARKS = 30]



**QUESTION 3**

(a) Suggest actions you would take to promote healthy diets and healthy life-styles.  
**(10 Marks)**

(b) Describe the following methods of assessing nutritional status in a community:

i. Anthropometry  
**(10 Marks)**

ii. Clinical method  
**(10 Marks)**

**[TOTAL MARKS = 30]**

**QUESTION 4**

Describe feasible and cost-effective interventions to reduce child malnutrition.

**[TOTAL MARKS = 30]**