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# UNIVERSITY OF SWAZILAND

## FINAL EXAMINATION PAPER

**PROGRAMME** 

BACHELOR OF SCIENCE IN FOOD

SCIENCE, NUTRITION AND TECHNOLOGY, CONSUMER

SCIENCE AND CONSUMER SCIENCE

**EDUCATION YEAR III** 

COURSE CODE

**FSNT 301** 

:

:

TITLE OF PAPER

**COMMUNITY NUTRITION** 

TIME ALLOWED

TWO (2) HOURS

INSTRUCTION

ANSWER QUESTION ONE (1) AND

ANY OTHER TWO (2) QUESTIONS

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### **QUESTION 1 (COMPULSORY)**

(a) Present highlights of the world nutrition situation.

(16 Marks)

(b) Both nutritional well-being and the policies, programmes and processes by which it is attained have much to offer those who seek to advance a broad range of development goals. Show evidence to suggest how good nutrition underpins progress towards each of the first six (6) Millennium Development Goals (MDGs).

(12 Marks)

(c) Explain the programming processes of planning, implementation, evaluation and assessment.

(12 Marks)

 $[TOTAL\ MARKS = 40]$ 

#### **QUESTION 2**

(a) Explain what growth monitoring and promotion entails.

(15 Marks)

(b) Describe how health care providers and other development workers can improve community nutrition.

(15 Marks)

[TOTAL MARKS = 30]

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#### **QUESTION 3**

(a) Outline steps you would take towards micro-nutrient health in Swaziland.

(15 Marks)

(b) The diet transition in the developing world seems to be accelerating. It seems to be a transition towards an increased burden of chronic diseases. Discuss what food policy can do to redirect the diet transition.

(15 Marks)

[TOTAL MARKS = 30]

## **QUESTION 4**

(a) Identify the main issues that arise from the FIVIMS Nutritional Status conceptual framework.

(15 marks)

(b) Explain the purpose of conducting a rapid nutritional assessment. Describe the steps you would take in planning for this rapid assessment as well as the screening tool you would use.

(15 marks)

[TOTAL MARKS = 30]