

2ND SEM. 2014/2015



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UNIVERSITY OF SWAZILAND

SUPPLEMENTARY EXAMINATION PAPER

**PROGRAMME : BACHELOR OF SCIENCE IN
CONSUMER SCIENCE AND CONSUMER
SCIENCE EDUCATION YEAR 4**

COURSE CODE : FRHD 405

TITLE OF PAPER : COUNSELLING

TIME ALLOWED : TWO (2) HOURS

**INSTRUCTIONS : ANSWER QUESTION ONE (1)
AND ANY OTHER TWO (2) QUESTIONS**

**DO NOT OPEN THIS PAPER UNTIL PERMISSION HAS BEEN
GRANTED BY THE CHIEF INVIGILATOR**

QUESTION 1 (COMPULSORY)

- (a) What is group counselling? Critically discuss the advantages and disadvantages of group counselling over individual counselling. [5 + 15 + 15 = 35 Marks]
- (b) Explain the management skill in counselling. [5 Marks]

[TOTAL MARKS = 40]

QUESTION 2

- (a) Discuss 'communication' as an important skill in counselling. [25 Marks]
- (b) Identify **five (5)** barriers to communication during a counselling session. [5 Marks]

[TOTAL MARKS = 30]

QUESTION 3

Family counselling aims at creating a harmonious relationship among family members and involves joint participation of several family members.

- (a) Identify **four (4)** ways by which family members get to be part of a counselling session. [4 Marks]
- (b) Discuss the role played by a counsellor in family counselling. [6 Marks]
- (c) Discuss the stages involved in family counselling. [20 Marks]

[TOTAL MARKS = 30]

QUESTION 4

Explain multi-cultural counselling in the context of a society of your own choice. As a counsellor, what challenges are you likely to face and how would you deal with them?

[10 + 20 Marks]

[TOTAL MARKS = 30]