



2ND SEM. 2014/2015

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UNIVERSITY OF SWAZILAND

FINAL EXAMINATION PAPER

**PROGRAMME : BACHELOR OF SCIENCE IN CONSUMER SCIENCE,
AND CONSUMER SCIENCE EDUCATION 3.**

COURSE CODE : FRHD 303

TITLE OF PAPER : CHILD CARE AND DEVELOPMENT

TIME ALLOWED : TWO (2) HOURS

**INSTRUCTIONS : ANSWER QUESTION ONE (1)
AND ANY OTHER TWO (2) QUESTIONS**

**DO NOT OPEN THIS PAPER UNTIL PERMISSION HAS BEEN
GRANTED BY THE CHIEF INVIGILATOR**

QUESTION 1 (COMPULSORY)

- (a) Attending maternal child health care unit is mandatory while pregnant.
Give an account of how the maternal child health clinic provides for the maintenance and improvement of health in pregnancy. [25 Marks]
- (b) How are the following factors likely to affect the outcome of pregnancy:
- Diseases
 - Mother's age
 - Nutrition
- [3x5 = 15 Marks]

[TOTAL MARKS = 40]

QUESTION 2

Human milk is the ideal food for a baby.

- a. Discuss advantages of breastfeeding in relation to colostrum and demand feeding. [10 Marks]
- b. Discuss advantages of breastfeeding for the mother. [5 Marks]
- c. In Swaziland, cow milk is also used for feeding infants. What is the nutritive value of cow milk compared to human milk? [10 Marks]
- d. What conditions compel a nursing mother not to breastfeed her baby? [5 Marks]

[TOTAL MARKS = 30]

QUESTION 3

- (a) Every year many children are killed as a result of falls, burns and scalds.
What safety precautions can be taken in each of the following rooms to prevent the occurrence of accidents?
- i. Kitchen [10 Marks]
 - ii. Bathroom. [10 Marks]
- (b) Why is diarrhoea a common occurrence during weaning of babies? [5 Marks]
- (c) What characteristics are desirable for weaning foods? [5 Marks]

[TOTAL MARKS = 30]

QUESTION 4

According to Erikson, there are **eight (8)** stages of personality development. Each stage is accompanied by an emotional crisis which must be resolved adequately if one is to develop a healthy personality.

Discuss Erikson's stages of personality development from birth to adolescence (stage 1 to stage 5).

[5x6=30 Marks]

[TOTAL MARKS = 30]