

2ND SEM. 2013/2014



PAGE 1 OF 2

UNIVERSITY OF SWAZILAND

SUPPLEMENTARY EXAMINATION PAPER

**PROGRAMME : BACHELOR OF SCIENCE IN
CONSUMER SCIENCE AND CONSUMER
SCIENCE EDUCATION YEAR IV**

COURSE CODE : FRHD 405

TITLE OF PAPER : COUNSELLING

TIME ALLOWED : TWO (2) HOURS

**INSTRUCTIONS : ANSWER QUESTION ONE (1)
AND ANY OTHER TWO (2) QUESTIONS**

**DO NOT OPEN THIS PAPER UNTIL PERMISSION HAS BEEN
GRANTED BY THE CHIEF INVIGILATOR**

QUESTION 1 (COMPULSORY)

- a) What is group counselling? Critically discuss the advantages and disadvantages of group counselling over individual counselling. (5 + 15 + 15 = 35 Marks)
- b) Explain the management skill in counselling. (5 Marks)

[TOTAL MARKS = 40]

QUESTION 2

- a) Discuss 'communication' as an important skill in counselling. (25 Marks)
- b) Identify five (5) barriers to communication during a counselling session. (5 Marks)

[TOTAL MARKS = 30]

QUESTION 3

Family counselling aims at creating a harmonious relationship among family members and so involves joint participation of several family members.

- a) Identify four (4) ways by which family members get to be part of a counselling session. (4 Marks)
- b) Discuss the role played by a counsellor in family counselling. (6 Marks)
- c) Discuss the stages involved in family counselling. (20 Marks)

[TOTAL MARKS = 30]

QUESTION 4

- a) Explain multi-cultural counselling in the context of a society of your own choice. As a counsellor, what challenges are you likely to face and how would you deal with them? (10 + 20 Marks)

[TOTAL MARKS = 30]