

2ND SEM. 2013/2014

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UNIVERSITY OF SWAZILAND

FINAL EXAMINATION PAPER

PROGRAMME

BACHELOR OF SCIENCE IN CONSUMER

SCIENCE AND CONSUMER SCIENCE

EDUCATION YEAR III.

COURSE CODE

FRHD 303

TITLE OF PAPER:

CHILD CARE AND DEVELOPMENT

TIME ALLOWED:

TWO (2) HOURS

INSTRUCTIONS:

ANSWER QUESTION ONE (1)

AND ANY OTHER TWO (2) QUESTIONS

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QUESTION 1 (COMPULSORY)

a) The best foundation for growth and development for children is to care for the foetus.

What does caring for the foetus necessitates?

(10 Marks)

b) Discuss the interaction of nature and nurture in facilitating child development.

(10 Marks)

c) Discuss the aims of antenatal care.

(10 Marks)

d) Discuss environmental causes of prenatal risks with respect to teratogens.

(10 Marks)

 $[TOTAL\ MARKS = 40]$

QUESTION 2

a) After the baby is born the principles of preventing infection are to protect and reinforce his ability to defend himself/herself and to limit opportunities of contracting infection.

How can this be achieved in practical terms?

(16 Marks)

b) i. What is colostrum and why is it important?

(6 Marks)

- ii. Discuss the options an HIV positive mother has for feeding her infant. (4 Marks)
- iii. What causes the following during breastfeeding?
- engorgement
- cracked nipples

(4 Marks)

[TOTAL MARKS = 30]

QUESTION 3

Sigmund Freud a Swiss psychiatrist from Vienna, Austria argued that people's behaviour is partly based on experiences available in one's unconscious mind. Discuss Freud's Theory of Personality development with regard to:

a) Structure of personality

 $(3 \times 2 = 12 \text{ Marks})$

b) Psychosexual stages

(18 Marks)

[TOTAL MARKS = 30]

QUESTION 4

a) Discuss stages of Piaget's Theory of Cognitive development

(24 Marks)

b) Preschools have become part of the education system in this country. How do preschools enhance child development?

(6 Marks)

[TOTAL MARKS = 30]