

2nd SEM. 2012/2013



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FRHD 405 (M)**

UNIVERSITY OF SWAZILAND

FINAL EXAMINATION PAPER

**PROGRAMME : BACHELOR OF SCIENCE IN
CONSUMER SCIENCE AND CONSUMER
SCIENCE EDUCATION YEAR IV**

COURSE CODE : FRHD 405

TITLE OF PAPER : COUNSELLING

TIME ALLOWED : TWO (2) HOURS

**INSTRUCTIONS : ANSWER QUESTION ONE (1)
AND ANY OTHER TWO (2) QUESTIONS**

**DO NOT OPEN THIS PAPER UNTIL PERMISSION HAS BEEN
GRANTED BY THE CHIEF INVIGILATOR**

QUESTION 1 (COMPULSORY)

- a) You want to introduce guidance and counselling in your school.
Justify the role of a guidance and counselling program in the school situation. [8 x 2] = 16 Marks]
- b) Name and briefly discuss the services that should be included in order to develop a comprehensive guidance and counselling program? [20 Marks]
- c) Discuss the art of questioning in a counselling session. [4 Marks]

[TOTAL MARKS = 40]

QUESTION 2

- a) Identify four (4) facilitative attitudes of a counsellor and critically discuss them. [4 + (4 x 4=16) = 20 Marks]
- b) What is educational counselling and how does it assist pupils in schools? [2 + (2x4 = 8) = 10 Marks]

[TOTAL MARKS = 30]

QUESTION 3

Phase two (2) of the counselling session is 'problem identification and exploration.'
Discuss how you would go about it as a counsellor; also identify the grouping of pertinent information in this phase.

[17 + 13 Marks]

[TOTAL MARKS = 30]

QUESTION 4

What do you understand by the 'client-centred approach' to counselling? Do you think that this approach is effective in counselling? Explain fully.

[20 + 10 Marks]

[TOTAL MARKS = 30]