



1ST SEM, 2011/2012

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UNIVERSITY OF SWAZILAND

FINAL EXAMINATION PAPER

**PROGRAMME : BACHELOR OF SCIENCE IN FOOD
SCIENCE, NUTRITION AND
TECHNOLOGY AND CONSUMER
SCIENCE EDUCATION YEAR III**

COURSE CODE : FSNT 301

TITLE OF PAPER : COMMUNITY NUTRITION

TIME ALLOWED : TWO (2) HOURS

**INSTRUCTION : ANSWER QUESTION ONE (1) AND
ANY OTHER TWO (2) QUESTIONS**

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GRANTED BY THE CHIEF INVIGILATOR**

QUESTION 1 (COMPULSORY)

Swaziland is faced with alarming statistics of continuously high rates of malnutrition. One approach to addressing malnutrition has been to establish Community Nutrition Programmes (CNPs) that provide interventions ranging from deworming to growth monitoring and health education to home visits by health promoters. However, these programmes have experienced stumbling blocks.

- (a) Highlight the most common stumbling blocks to implement effective, sustainable approaches to combating malnutrition.

(10 marks)

- (b) Outline a practical, five-step approach to establishing community nutrition programmes.

(30 marks)

[Total marks = 40]

QUESTION 2

Discuss the causes and consequences of malnutrition.

[Total marks = 30]

QUESTION 3

- (a) Describe four (4) methods used to assess nutritional status of communities.

(20 marks)

- (b) Explain five (5) specific objectives of a nutritional surveillance system.

(5 x 2 = 10 marks)

[Total marks = 30]

QUESTION 4

The Minister for Health has requested your contribution to a cabinet paper addressing Policies and Programmes to improve nutrition in the country. Suggest six (6) areas of action for protecting and promoting nutritional well-being.

[Total marks = 30]