



UNIVERSITY OF SWAZILAND

FINAL EXAMINATION PAPER

PROGRAMME: **BACHELOR OF SCIENCE IN CONSUMER
SCIENCES AND CONSUMER SCIENCES
EDUCATION YEAR IV.**

COURSE CODE: **FRHD 405**

TITLE OF PAPER: **COUNSELLING**

TIME ALLOWED: **TWO (2) HOURS**

INSTRUCTIONS: **ANSWER QUESTION ONE (1) AND ANY
OTHER TWO (2) QUESTIONS.**

**DO NOT OPEN THIS PAPER UNTIL PERMISSION HAS BEEN GRANTED BY
THE CHIEF INVIGILATOR.**

QUESTION 1 (Compulsory)

- a. Discuss the psychoanalytic view of personality as argued by Freud in counselling, taking into account the following:

- i. Levels of personality (10)
- ii. Structure of personality and (15)
- iii. Psychosexual stages (15)

[Total marks = 40]

QUESTION 2

- a. Discuss the need for counselling in contemporary societies. (20)
- b. Schools and societies have immigrants and hence the need for multicultural counselling. Discuss characteristics that would help a counsellor to interact effectively with minority group clients. (10)

[Total marks = 30]

QUESTION 3

- a. Elaborate on the subject of facilitative attitudes of a counsellor. (10)
- b. Discuss the need for the following skills in counselling:
- i. Communication (15)
 - ii. Management (5)

[Total marks = 30]

QUESTION 4

- a. Various psychologists conceptualize stages in counselling differently but there is consensus that initially, the process is concerned with relationship building. Discuss the relationship building stage. (20)
- b. Describe the following types of counselling:
- i. Educational counselling
 - ii. Personal counselling
 - iii. Gerontological counselling
 - iv. Rehabilitation counselling
 - v. Career counselling

(10)

[Total marks = 30]