



**UNIVERSITY OF SWAZILAND**

**SUPPLEMENTARY EXAMINATION PAPER**

**PROGRAMME:** **BACHELOR OF SCIENCE IN CONSUMER  
SCIENCES AND CONSUMER SCIENCES  
EDUCATION YEAR III**

**COURSE CODE:** **FRHD 303**

**TITLE OF PAPER:** **CHILD CARE AND DEVELOPMENT**

**TIME ALLOWED:** **TWO (2) HOURS**

**INSTRUCTIONS:** **ANSWER QUESTION ONE (1) AND ANY  
OTHER TWO (2) QUESTIONS.**

**DO NOT OPEN THIS PAPER UNTIL PERMISSION HAS BEEN GRANTED BY  
THE CHIEF INVIGILATOR.**

**QUESTION 1**

- a. What is meant by the following terms:
- i. Ectopic pregnancy
  - ii. Breech delivery
  - iii. Cephalic presentation
  - iv. Caesarian section
  - v. Assisted delivery
- [5\*3] = 15
- b. Define the terms 'growth' and 'development'. (5)
- c. Discuss psychosocial development of the infant (birth to 1 year) and the preschoolers (3 to 6 years). (20)

[Total marks = 40]

**QUESTION 2**

- a. Explain all the trimesters of pregnancy. (9)
- b. Discuss the three (3) stages of labour during childbirth. (12)
- c. State the problems associated with teething. (3)
- d. How is a sponge bath carried out when bathing a baby? (6)

[Total marks = 30]

**QUESTION 3**

- a. List and discuss the importance of different types of play in the life of a child. (12)
- b. State important points to consider when weaning a child. (4)
- c. Discuss four (4) reasons that may force a mother not to breastfeed her baby. (4)
- d. What things would you consider when putting your baby in a daycare facility? (10)

[Total marks = 30]

**QUESTION 4**

- a. What is colostrum? Discuss its importance in the neonate stage. (5)
- b. A toddler is a child of ages between 18 months and two (2) years. Comment on the need for the following items for toddlers:
- adequate food (4)
  - sleep and rest (2)
  - playtime (4)
- c. How can one reduce the risk of Sudden Infant Death Syndrome? (5)
- d. Describe how a tub bath is carried out for the neonate including the preparation made prior to the bath. (10)

**[Total marks = 30]**