



UNIVERSITY OF SWAZILAND

FINAL EXAMINATION PAPER

**PROGRAMME : BACHELOR OF SCIENCE IN FOOD
SCIENCE, NUTRITION AND
TECHNOLOGY & CONSUMER SCIENCE
EDUCATION YEAR III**

COURSE CODE : FSNT 301

TITLE OF PAPER : COMMUNITY NUTRITION

TIME ALLOWED : TWO (2) HOURS

**INSTRUCTIONS : ANSWER QUESTION ONE (1) AND
ANY OTHER TWO (2) QUESTIONS**

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Question 1 (Compulsory)

Discuss feasible and cost-effective interventions to reduce child malnutrition in Africa.

[Total marks = 40]

Question 2

Describe nutrition's contributions to the attainment of the Millennium Development Goals.

[Total Marks = 30]

Question 3

Nutrition is a human right, and everyone's responsibility. Everyone has the right to safe and nutritious food, and freedom from hunger and malnutrition.

- a) Explain what the "human rights approach" means for health-care providers, and development staff, especially those working with communities? (15)
- b) Outline some of the activities you may need to carry out as a health care provider to improve community nutrition. (15)

[Total Marks = 30]

Question 4

- a) Define the following terms used in Community Nutrition:

- (i) Community Nutrition Programme
- (ii) Nutritional Surveillance
- (iii) Nutritional Epidemiology
- (iv) Nutritional Care
- (v) Nutritional Assessment

(5 x 2 = 10)

- b) Given limited resources, describe two methods you would use to assess the nutritional status of children in your community. (20)

[Total Marks = 30]