



UNIVERSITY OF SWAZILAND

FINAL EXAMINATION PAPER

PROGRAMME: **BACHELOR OF SCIENCE IN HOME
ECONOMICS AND HOME ECONOMICS
EDUCATION YEAR IV.**

COURSE CODE: **FRHD 405**

TITLE OF PAPER: **GUIDANCE AND COUNSELLING**

TIME ALLOWED: **TWO (2) HOURS**

INSTRUCTIONS: **ANSWER QUESTION ONE (1) AND ANY
OTHER TWO (2) QUESTIONS.**

**DO NOT OPEN THIS PAPER UNTIL PERMISSION HAS BEEN GRANTED BY
THE CHIEF INVIGILATOR.**

QUESTION 1 (Compulsory)

- a. Give an account on the history of guidance and counselling including the problems encountered during its inception in school. (20)
- b. Discuss the role of a guidance and counselling service in an educational institution. (20)

[Total marks = 40]

QUESTION 2

- a. Discuss “communication” as an important skill in counselling. (25)
- b. Identify barriers to communication during a counselling session. (5)

[Total marks = 30]

QUESTION 3

- a. What are the functions of vocational guidance? (20)
- b. Discuss information dissemination in vocational guidance. (10)

[Total marks = 30]

QUESTION 4

Discuss in detail the “problem identification and exploration” stage of the counselling session.

[Total marks = 30]