



UNIVERSITY OF SWAZILAND

FINAL EXAMINATION PAPER

PROGRAMME: **BACHELOR OF SCIENCE IN CONSUMER
SCIENCES AND CONSUMER SCIENCES
EDUCATION YEAR III.**

COURSE CODE: **FRHD 303**

TITLE OF PAPER: **CHILD CARE AND DEVELOPMENT**

TIME ALLOWED: **TWO (2) HOURS**

INSTRUCTIONS: **ANSWER QUESTION ONE (1) AND ANY
OTHER TWO (2) QUESTIONS.**

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THE CHIEF INVIGILATOR.**

QUESTION 1 (Compulsory)

A theory is a set of concepts that explain some feature of the observable world with structures, processes, or mechanisms presumed to exist but unable to be observed directly.

Discuss Piaget's cognitive developmental theory for children and in one paragraph discuss criticisms against this theory.

[Total marks = 40]

QUESTION 2

Give an account of sensitive counselling of pregnant women with regards to harmful agents, nutrition, parity and age.

[Total marks = 30]

QUESTION 3

- a. Define weaning and discuss why it is considered a dangerous time for infants. (5)
- b. Discuss the points to be considered when introducing weaning foods. (10)
- c. Parents waste a lot of time coaxing, arguing, begging and even threatening their 2-5 – year olds to eat. What advice would you give to these parents to help them develop child feeding strategies based on the developmental needs of their toddlers? (15)

[Total marks = 30]

QUESTION 4

- a. What is Pregnancy-Induced-Hypertension? Discuss its predisposing factors. (10)
- b. Describe the techniques taught to a mother breastfeeding for the first time. (10)
- c. Discuss the composition of breast milk. (10)

[Total marks = 30]